

PREPARED BY

KEELE DRUG & ALCOHOL STEERING GROUP



The annual SOS Drug & Alcohol Survey was sent to all students by Dan Lay, Welfare Officer, KeeleSU via email.

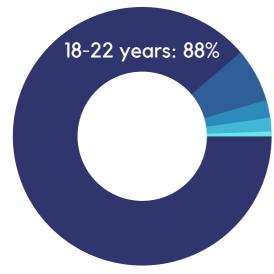
The survey was open between the 15th November to 6th December 2021.

The five insitituions participating in Drug Impact took part, across all five partnerships there were 2,091 respondants. Of these, Keele had the highest number of respondants with **179** participants.

The data presented in this report is Keele data only.



Age of participants



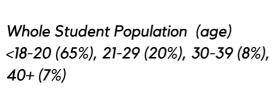
23-29 years: 7%

30-39 years: 2%

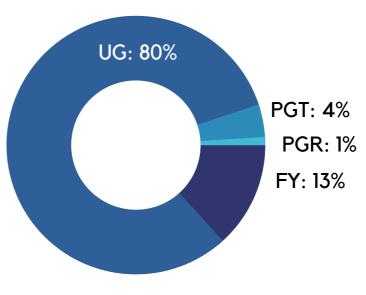
40-49 years: 2%

50-59 years: 1%

Year of study

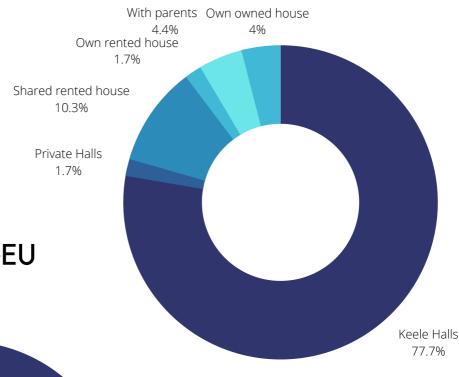


Whole Student Population (year of study) Foundation year (5.2%), Undergraduate (73.6%), PGT (15.5%), PGR (5.8%)



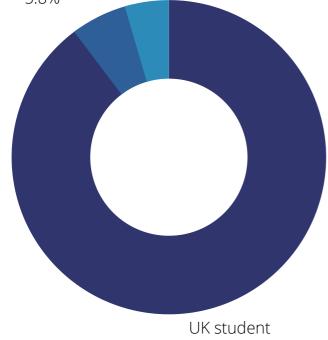


Living Arrangements



UK/EU/non-EU





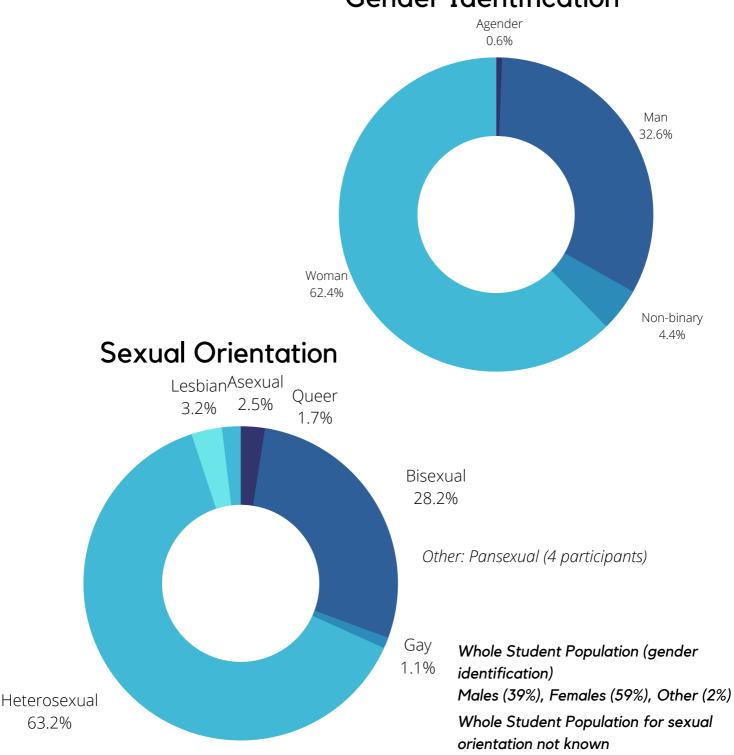
Whole Student Population (living arrangements) On campus (21%), off campus (79%)

Whole Student Population (UK vs. overseas) UK students (91.2%), overseas studdents (8.5%)

89.7%

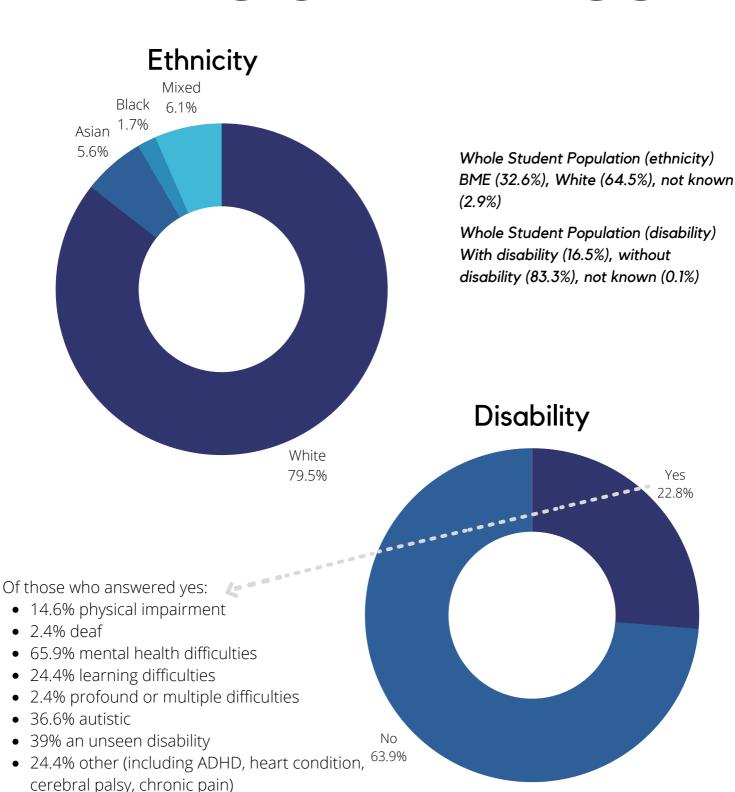


Gender Identification



63.2%

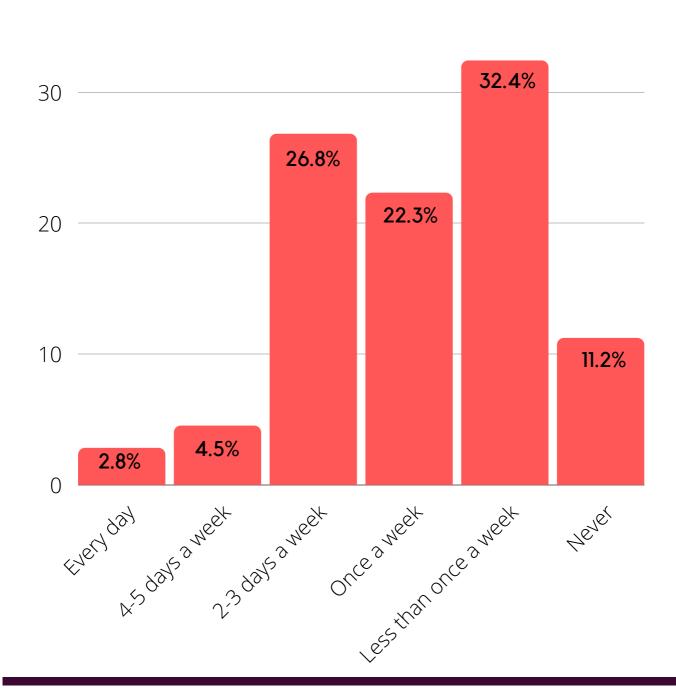




ALCOHOL USE

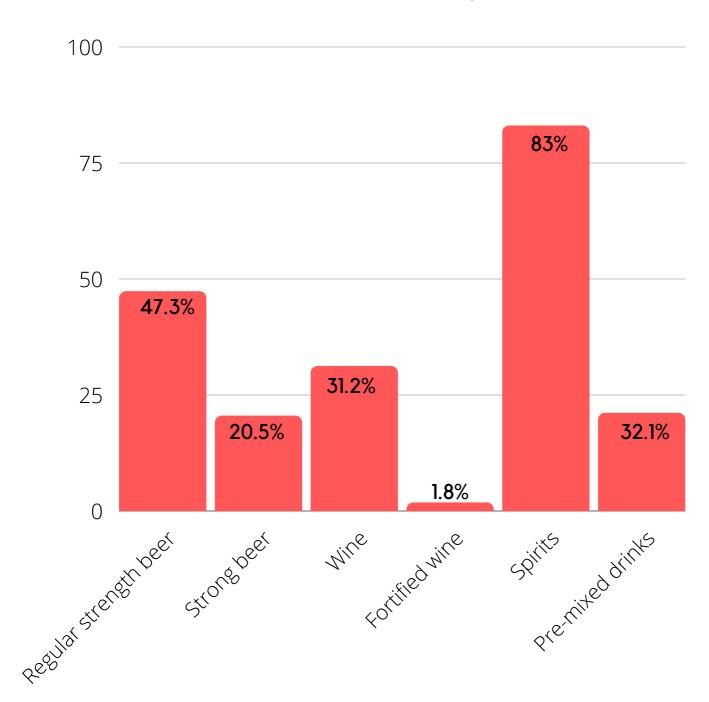
How often, if at all, do you drink alcohol? (%)

40



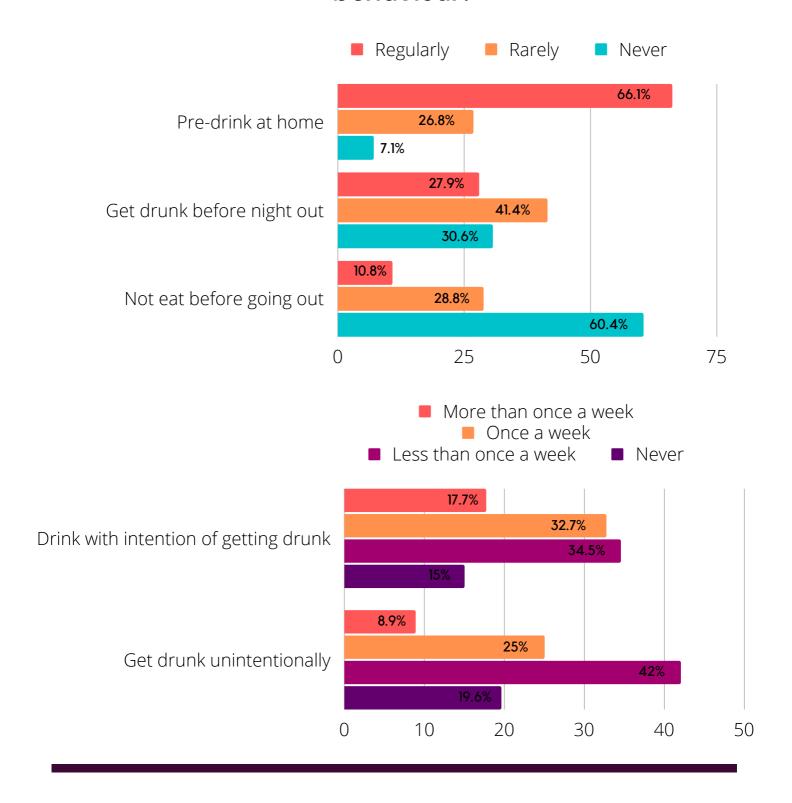
ALCOHOL USE

Which of the following types of alcoholic drink do you drink most often? (participants could select more than one response)



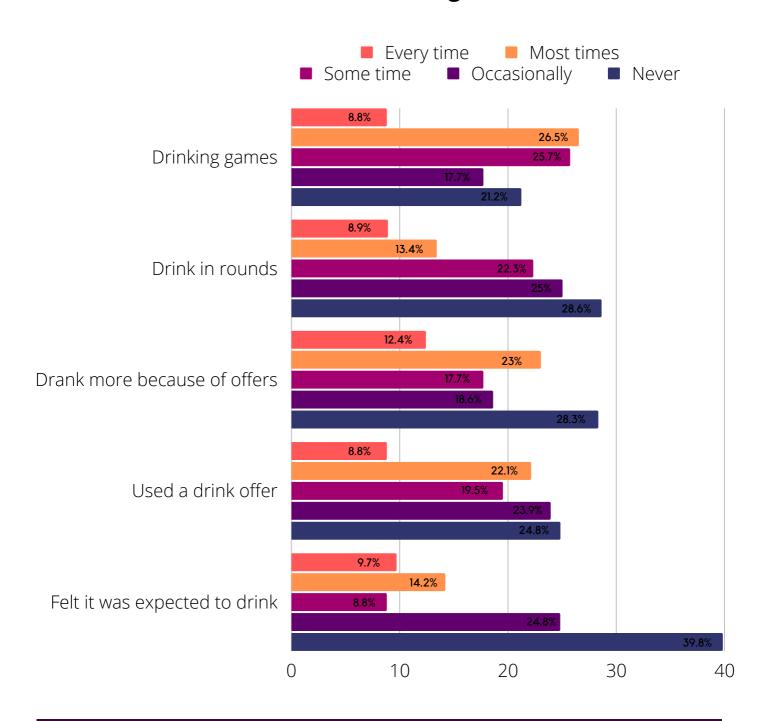


Do any of the following describe your drinking behaviour?



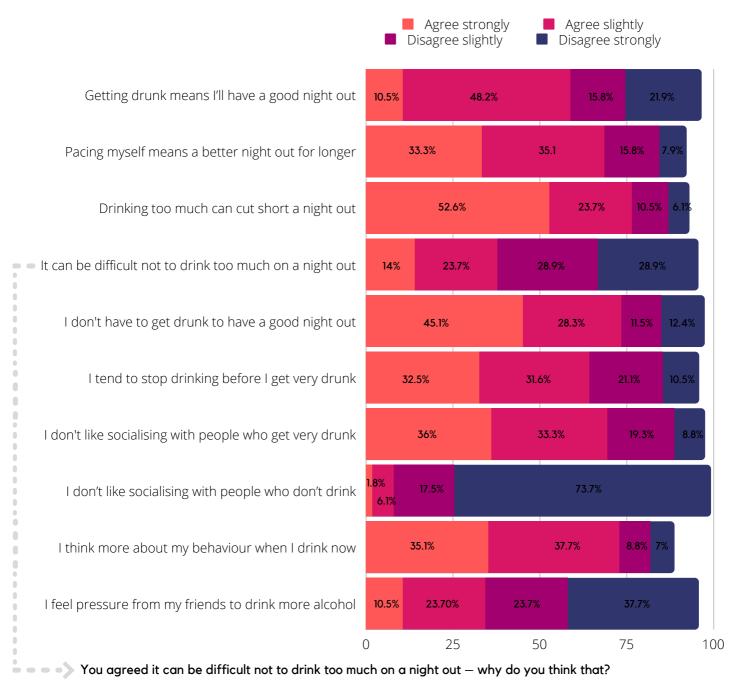
ALCOHOL USE

Thinking about your time at university within the last term, please tell us how often you do each of the following:





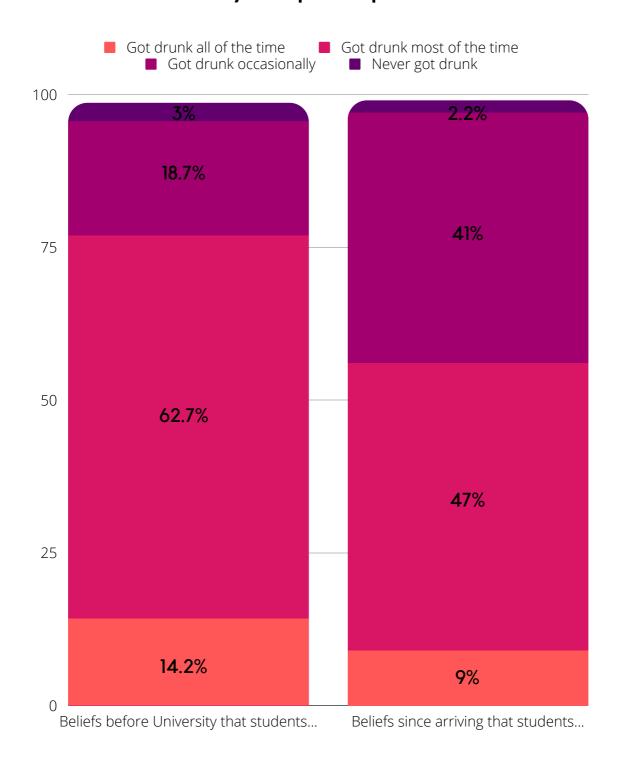
To what extent, if at all, do you agree or disagree with the following statements?



- Pressure from friends (26.2%)
- It can be difficult to get water or soft drinks from bars / clubs (16.7%)
- There are too many tempting drinks offers (28.6%)
- It can be expensive to get water or soft drinks from bars / clubs (16.7%)
- It can feel embarrassing ordering water or soft drinks (28.6%)
- It's easy to get caught up in rounds (54.8%)
- I don't know what to do that would help me to not drink too much (7.1%)
- Drinking helps me to relax / socialise (71.4%)

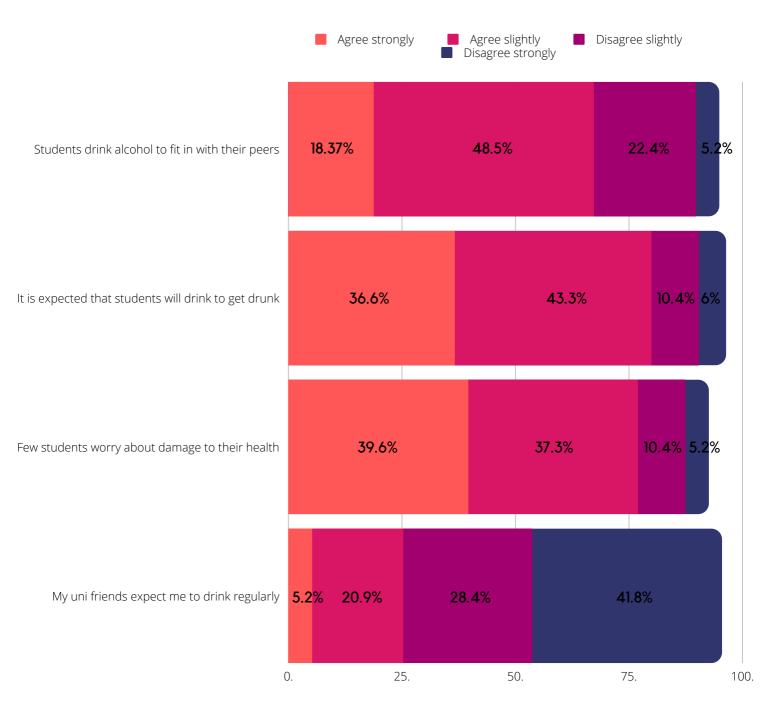
ALCOHOL PERCEPTIONS

Please select the phrase which best describes your perceptions



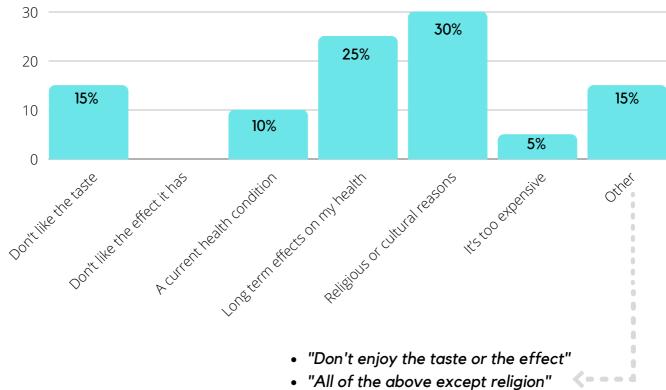
ALCOHOL PERCEPTIONS

Thinking specifically about drinking alcohol at university, how much do you agree or disagree, if at all, with the following statements?



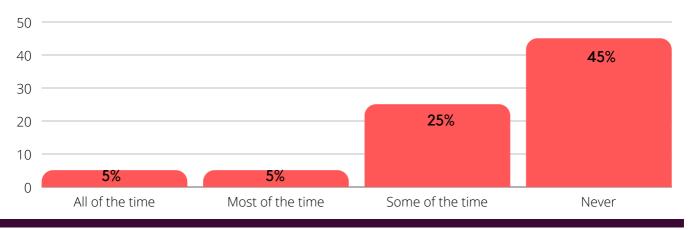
NON DRINKERS

What would you say is your main reason for not drinking or stopping drinking, alcohol?



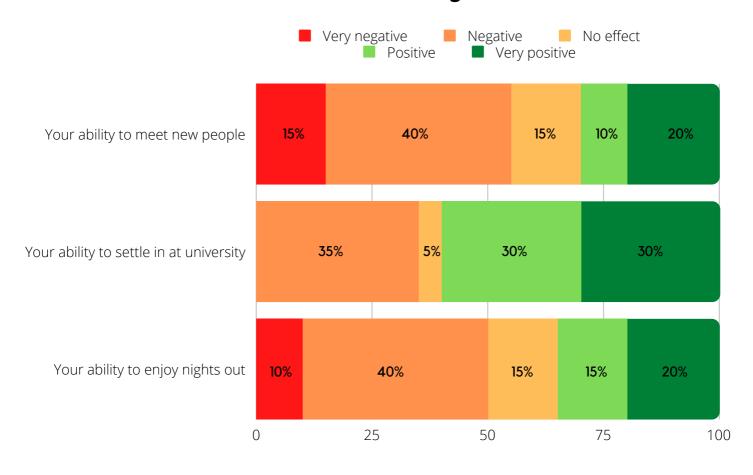
- "Never interested me"

Thinking about the most recent university term, when you were socialising with other students, how often did you feel that your friends expected you to drink alcohol?





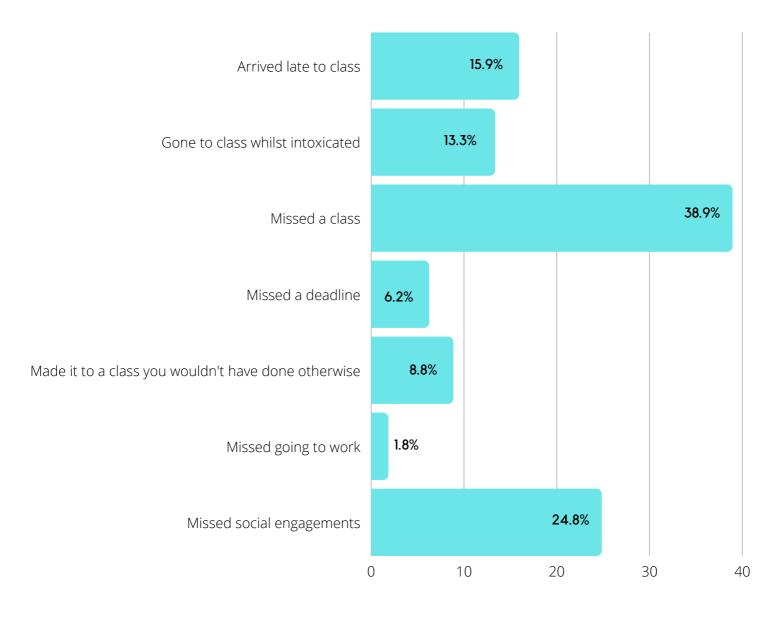
How do you think that not drinking alcohol has impacted on the following:



CONSEQUENCES OF ALCOHOL USE

Which of the following have you experienced since you have been at university during or following the consumption of alcohol?

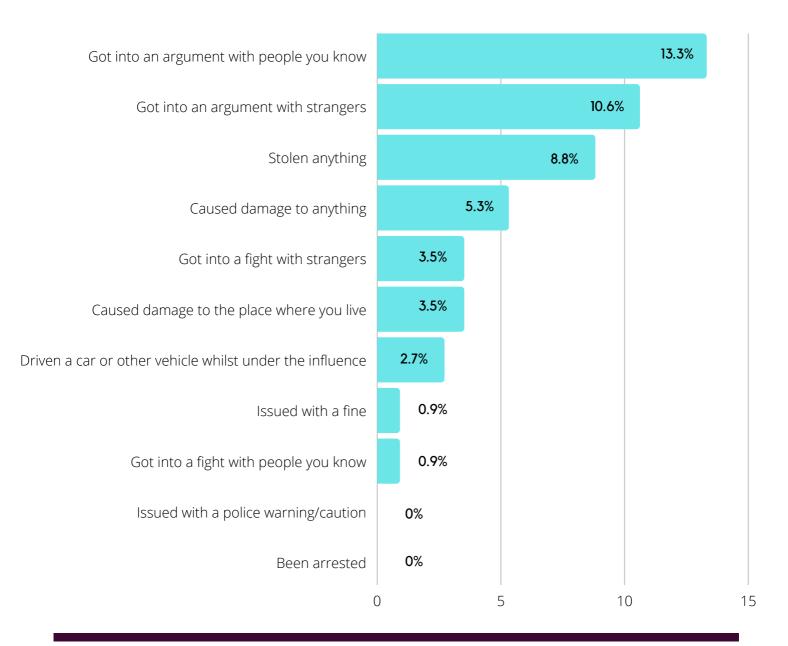
ACADEMIC & WORK



CONSEQUENCES OF ALCOHOL USE

Which of the following have you experienced since you have been at university during or following the consumption of alcohol?

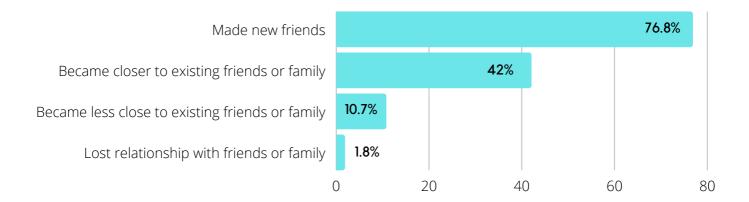
ANTISOCIAL BEHAVIOUR



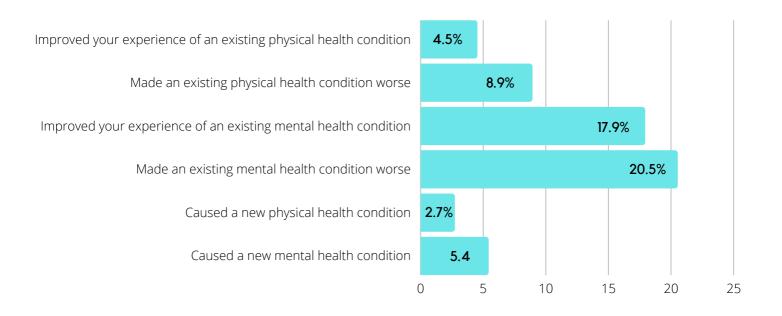


Which of the following have you experienced since you have been at university during or following the consumption of alcohol?

SOCIAL LIFE



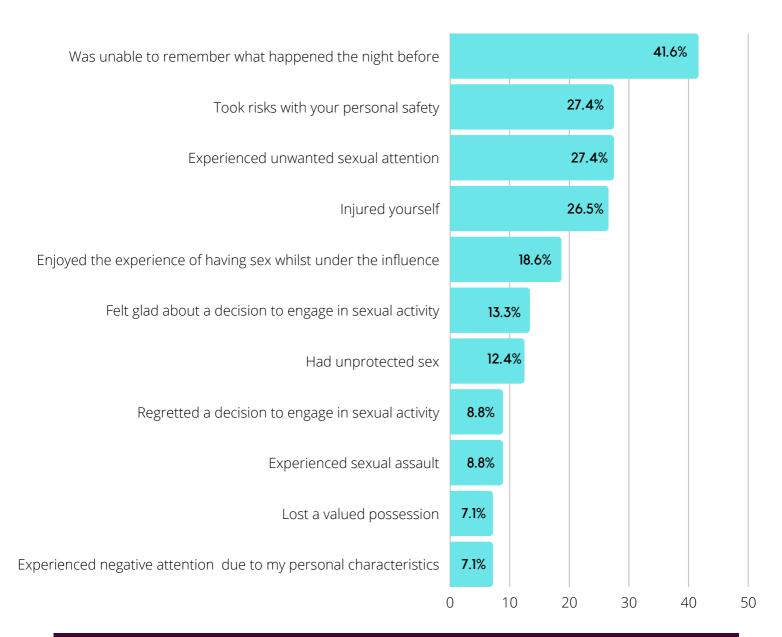
MENTAL & PHYSICAL HEALTH





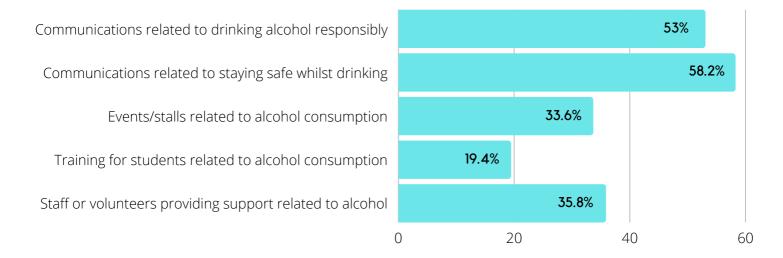
Which of the following have you experienced since you have been at university during or following the consumption of alcohol?

VICTIM OF CRIME & SEXUAL ACTIVITY

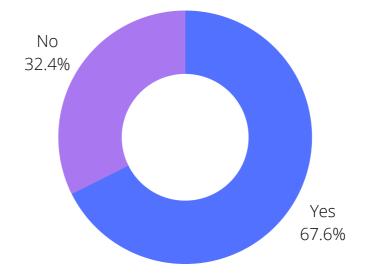


SAFE DRINKING CAMPAIGNS

Are you aware of any safe or responsible drinking campaigns, projects or activities at your university? (Participants select the areas they are aware of)

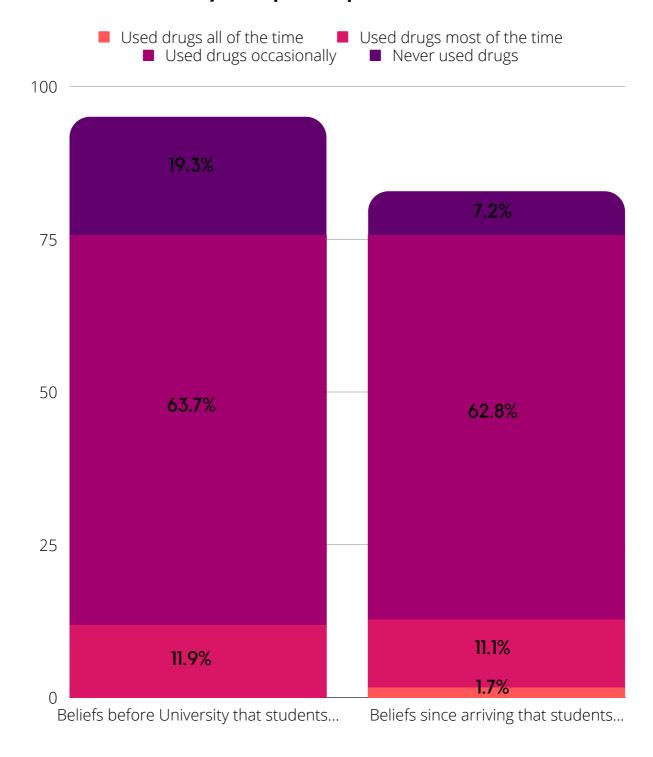


Do you feel that there are enough social events for you at university that do not involve having to drink or get drunk?



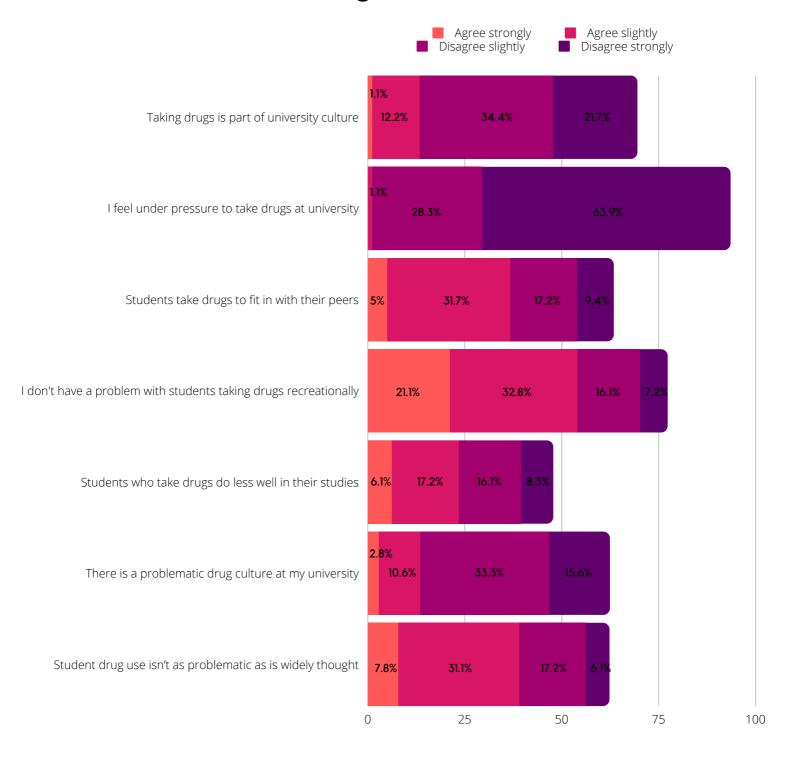
DRUG USE PERCEPTIONS

Please select the phrase which best describes your perceptions:



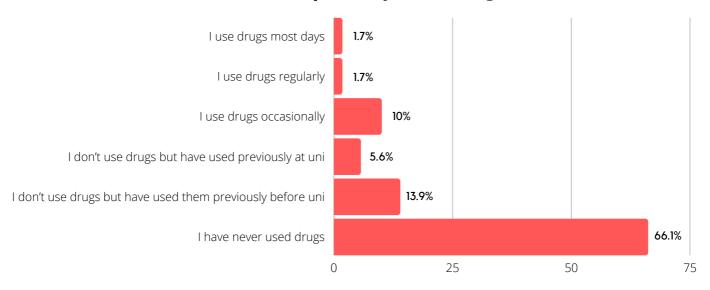
DRUG USE PERCEPTIONS

To what extent, if at all, do you agree with the following statements?

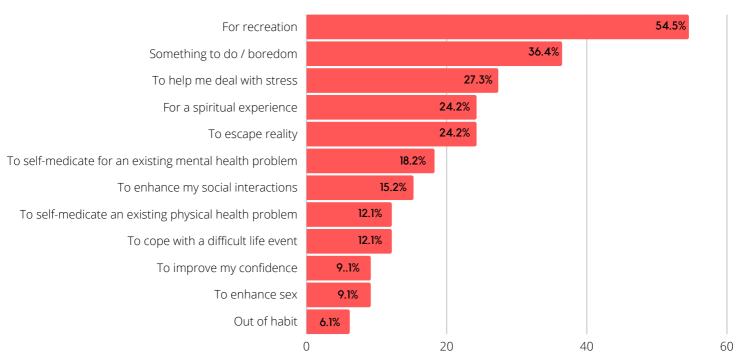


DRUG USE

Which of the following best describes your current frequency of drug use?



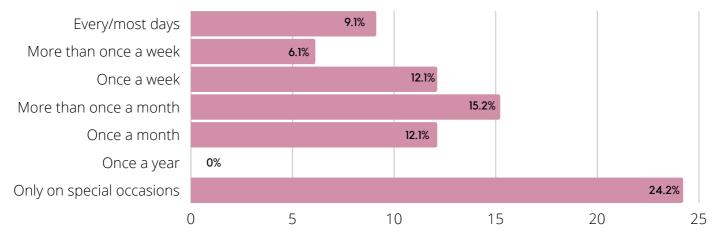
Which of the following best describes why you use/have used in the past



DRUG USE

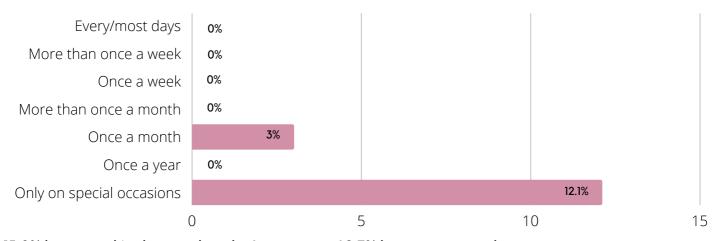
Still thinking about your time at university, which of the following best describes your frequency of particular drug use? (only participants who selected that they use or have used drugs)

CANNABIS



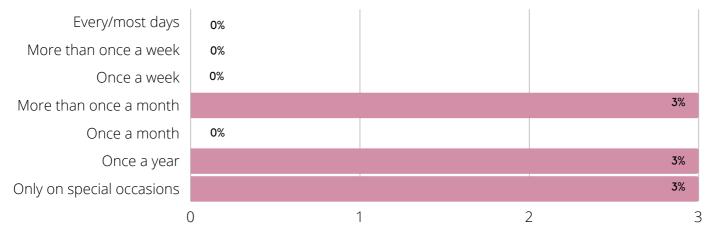
21.2% have used in the past but don't anymore, 0% have never used

POWDER COCAINE



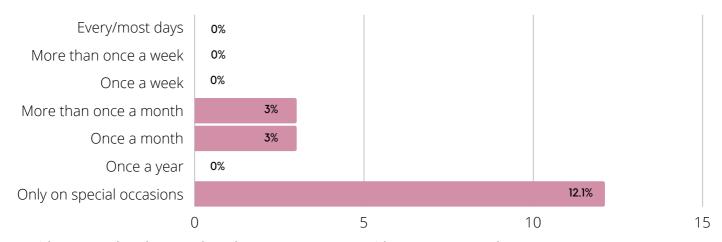
15.2% have used in the past but don't anymore, 69.7% have never used

ECSTASY/MDMA



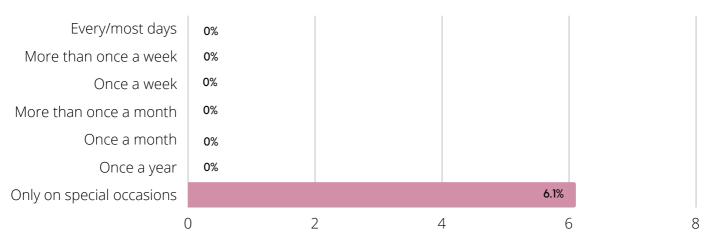
21.2% have used in the past but don't anymore, 69.7% have never used

LSD



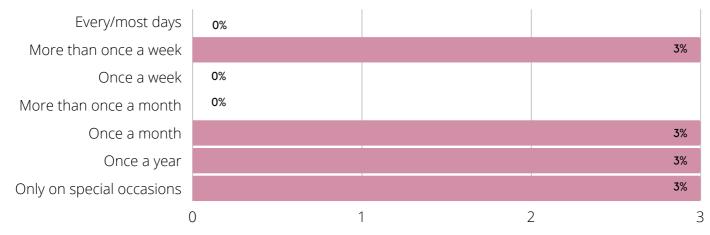
21.2% have used in the past but don't anymore, 69.7% have never used

MEPHEDRONE



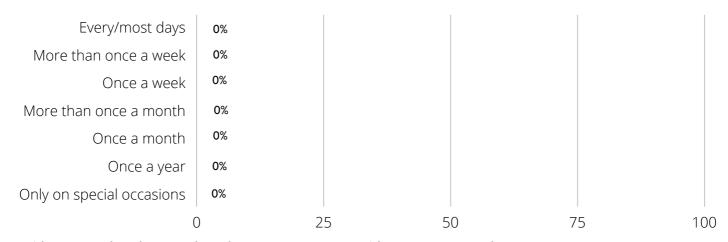
6.1% have used in the past but don't anymore, 87.9% have never used

KETAMINE



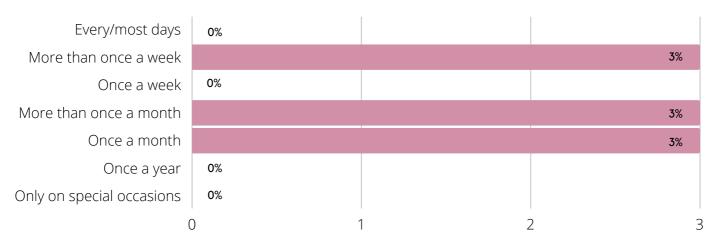
9.1% have used in the past but don't anymore, 78.8% have never used

HEROIN



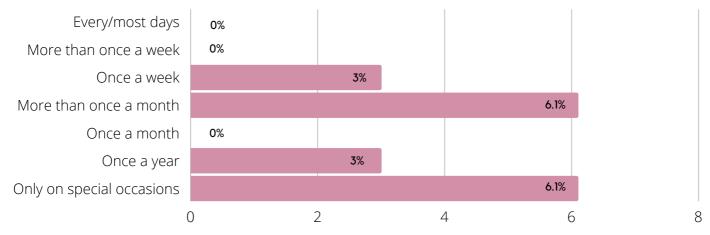
6.1% have used in the past but don't anymore, 93.9% have never used

NON-PRESCRIBED OPIATES



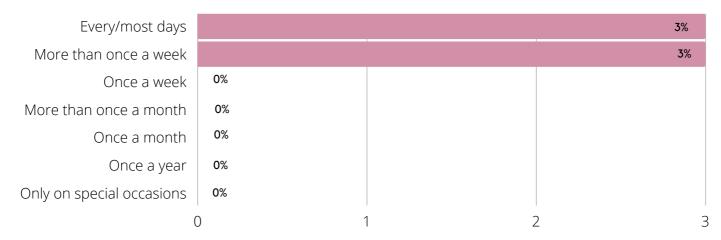
9.1% have used in the past but don't anymore, 81.8% have never used

NPS/LEGAL HIGHS



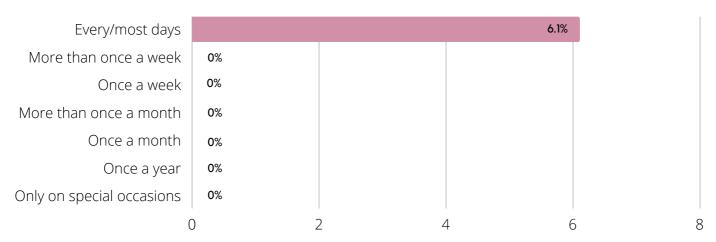
6.1% have used in the past but don't anymore, 75.8% have never used

TESTOSTERONE



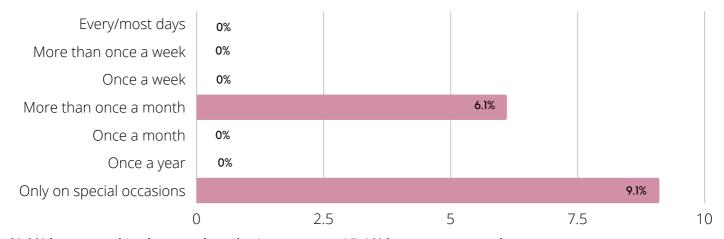
0% have used in the past but don't anymore, 93.9% have never used

NON-PRESCRIBED ANABOLIC STEROIDS



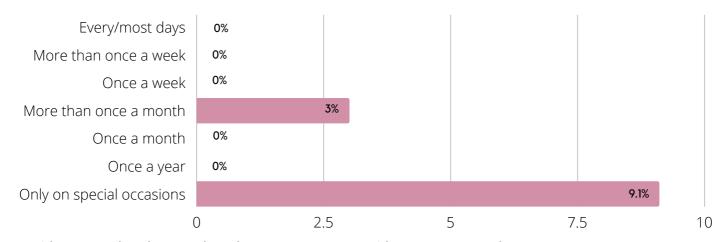
0% have used in the past but don't anymore, 93.9% have never used

NITROUS OXIDE/ 'LAUGHING GAS'



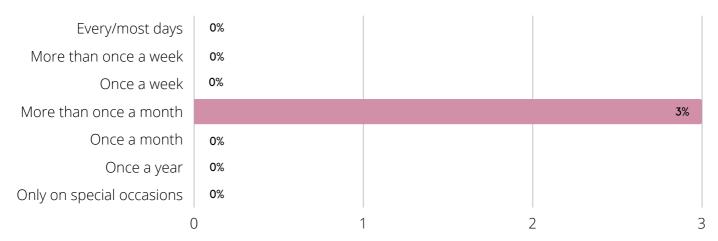
21.2% have used in the past but don't anymore, 63.6% have never used

PSILOCYBIN/'MAGIC MUSHROOMS'



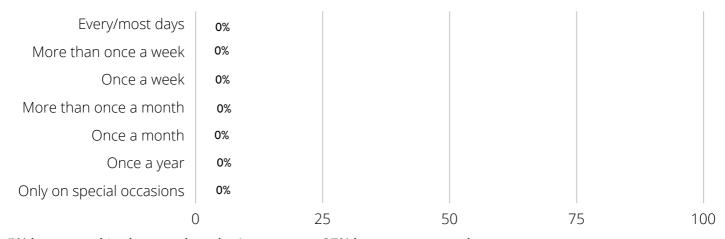
21.2% have used in the past but don't anymore, 66.7% have never used

AMPHETAMINE/ 'SPEED'



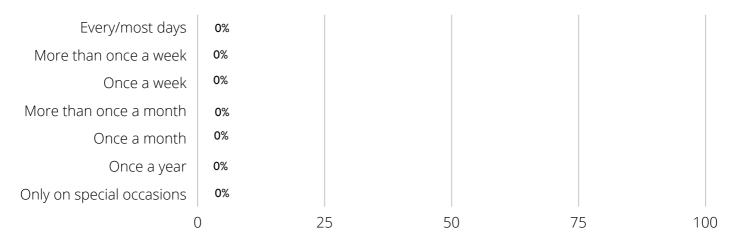
12.1% have used in the past but don't anymore, 84.8% have never used

GHB/GBL



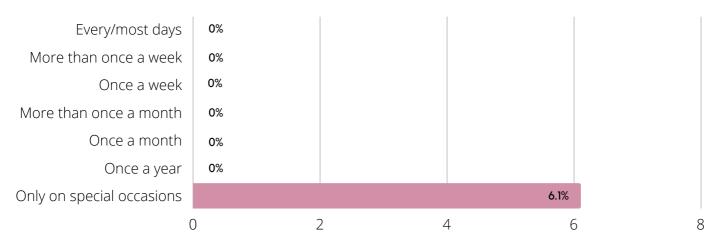
3% have used in the past but don't anymore, 97% have never used

METHAMPHETAMINE/'CRYSTAL METH'



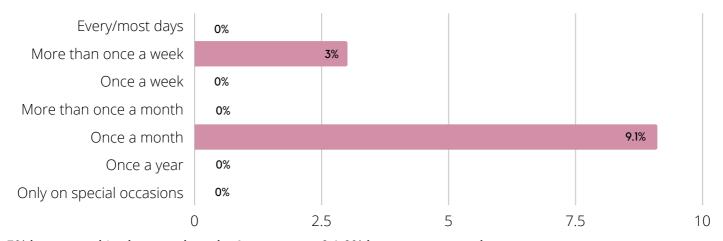
0% have used in the past but don't anymore, 100% have never used

NON-PRESCRIBED STUDY DRUGS



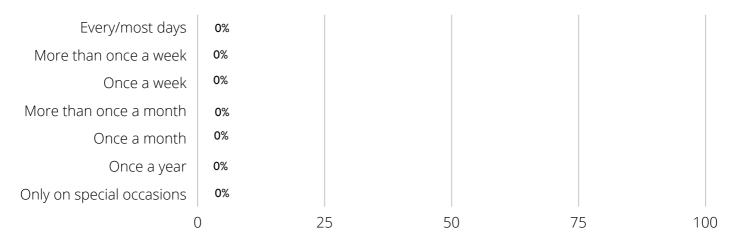
3% have used in the past but don't anymore, 84.8% have never used

NON-PRESCRIBED BENZODIAZEPINES



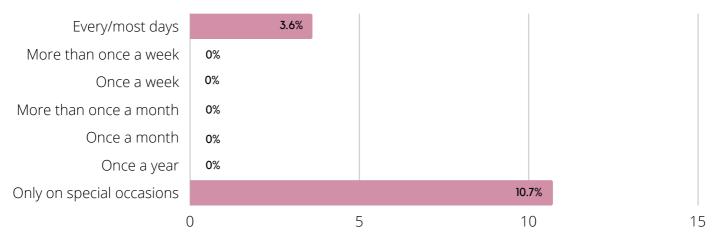
3% have used in the past but don't anymore, 84.8% have never used

MYSTERY/UNKNOWN POWDER



12.1% have used in the past but don't anymore, 87.9% have never used

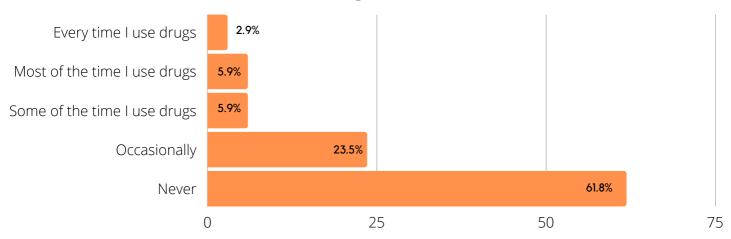
OTHER



0% have used in the past but don't anymore, 85.7% have never used Other include: "2CB", "Mescaline", "DMT", "Salvia", "prescribed medication"

POLY DRUG USE

Thinking about your time at university, approximately how often, if at all, do you use two or more drugs at one time?



You said you have used two or more drugs at one time. Which combinations of drugs have you used most often? Please use the boxes below to indicate the drugs you have taken in combination most often.

- Weed (9 responses)
- MDMA (1 response)
- Cannabis & alcohol (1 response)
- Ketamine (3 responses)
- Alcohol (6 responses)
- LSD (3 responses)
- Speed (1 response)
- 2CB (1 response)
- Pop (1 response)

DRUG USE

Thinking of the time since you have been at university, approximately how often do you tend to take drugs in each of the following places?

SUBAR



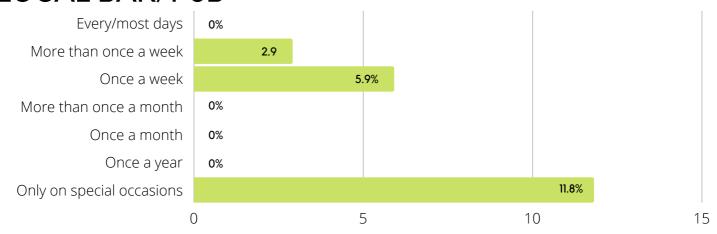
8.8% have used in the past but don't anymore, 79.4% have never used

SU NIGHTCLUB



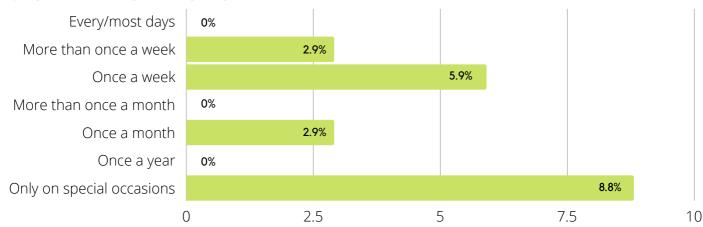
11.8% have used in the past but don't anymore, 76.5% have never used

LOCAL BAR/PUB



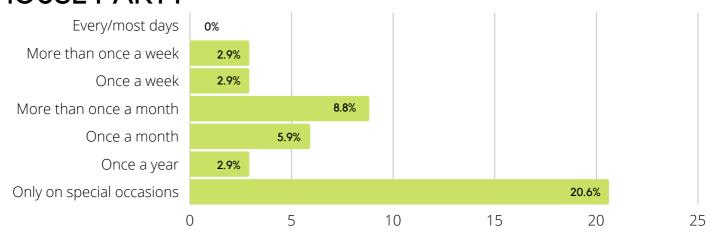
8.8% have used in the past but don't anymore, 67.6% have never used

LOCAL NIGHTCLUB



11.8% have used in the past but don't anymore, 67.6% have never used

HOUSE PARTY



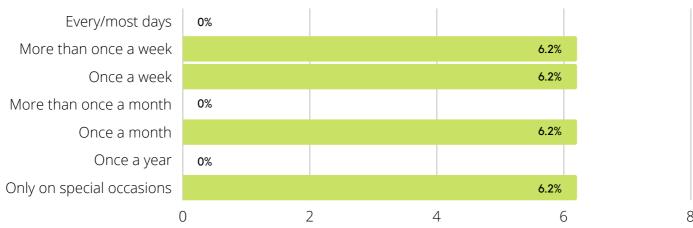
11.8% have used in the past but don't anymore, 44.1% have never used

STAY AT HOME / IN MY ACCOMMODATION



8.8% have used in the past but don't anymore, 20.6% have never used

OTHER



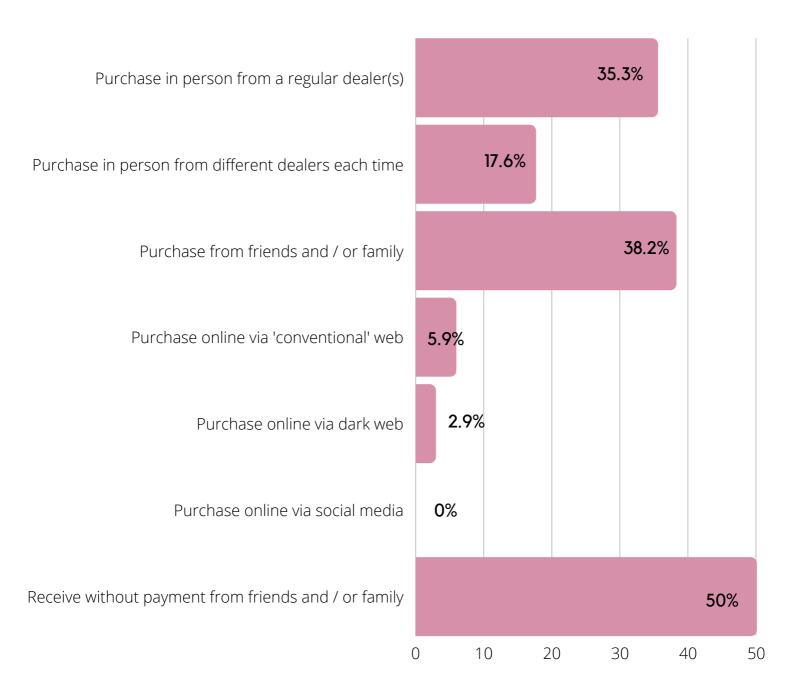
0% have used in the past but don't anymore, 75% have never used

'Other' responses include:

- "Friend's house"
- "Outdoors i.e. hiking in the woods"
- "Park"
- "Outside"

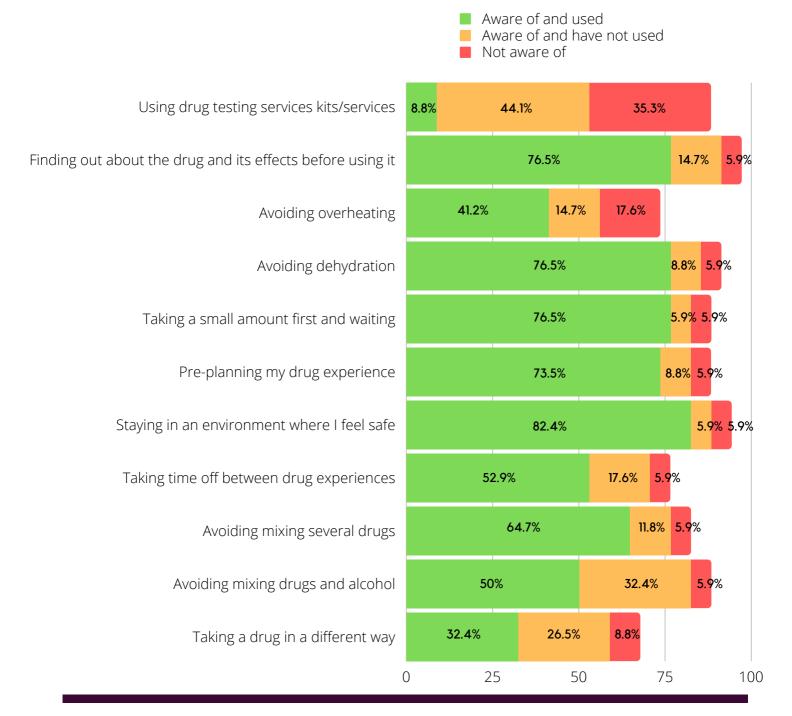
AQUISITION OF DRUGS

Thinking of your experiences since you started university, which of the following describes where or how you acquire drugs?



HARM REDUCTION

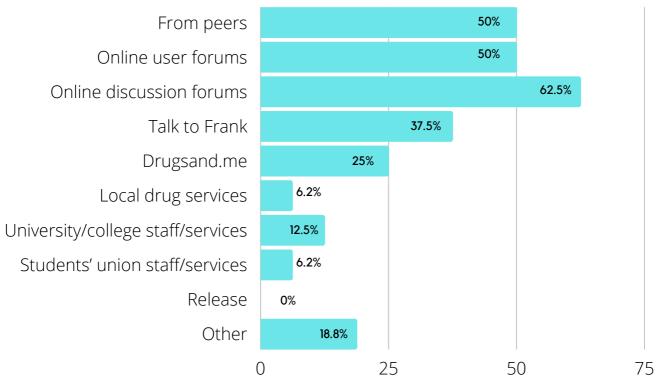
Which of the following steps, if any, are you aware of/do you take to reduce the potential harm caused by taking drugs?



Which of the following statements best describes your access to advice on drugs?

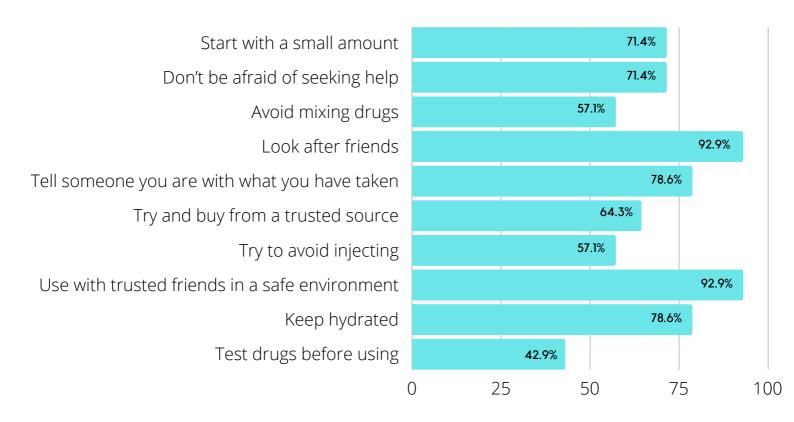
- I don't know where to access any advice on or educational information about drugs (informally or formally) and don't need to: 33.3%
- I don't know where to access any advice on or educational information about drugs (informally or formally) but would like to: 4%
- I know where to access any advice on or educational information about drugs (informally or formally) but don't need it: **53.7**%
- I know where to access any advice on or educational information about drugs (informally or formally) and have used it: 9%

Which of the following best describes where you access drug advice and information?

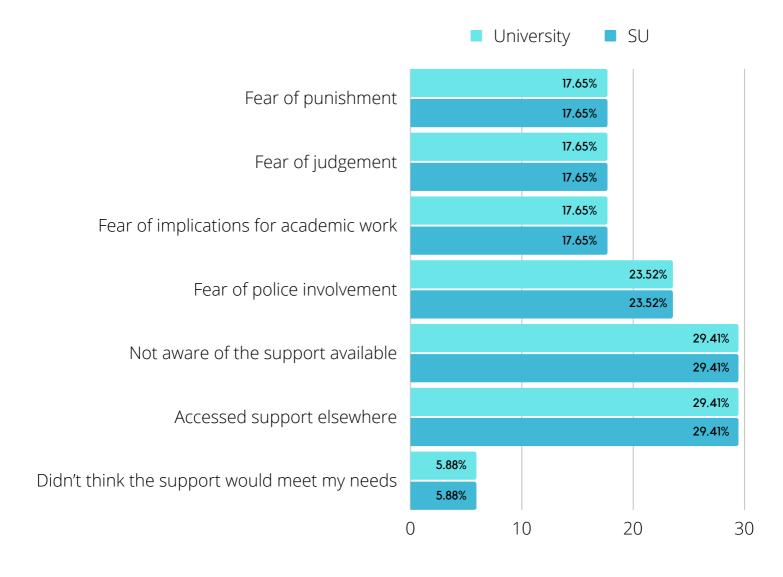


Other: "TED Talks", "YouTube videos", "parents"

Thinking about your experiences of accessing drug advice and information, did it include any of the following harm reduction actions?

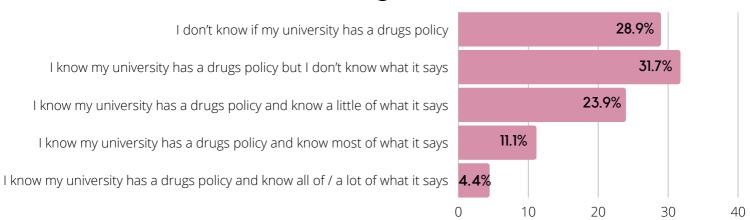


You said you have used drug information and advice services but not those offered by your university or students' union (n=17). Which of the following reasons best describes why you haven't used drug information and advice services offered by your university or students' union?

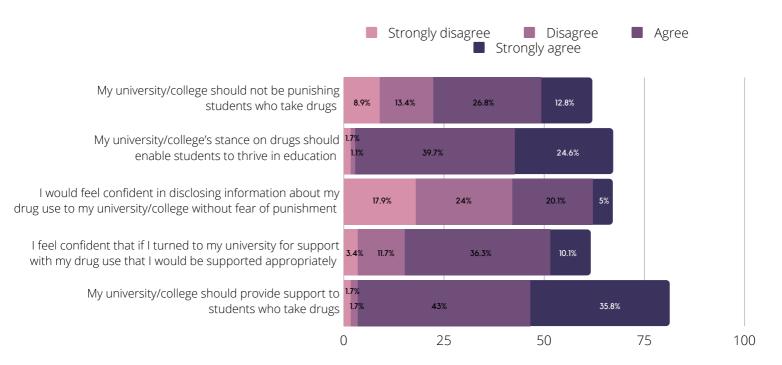


KEELE'S APPROACH

How much, if anything, do you know about the policy/policies your university/college has on drugs?

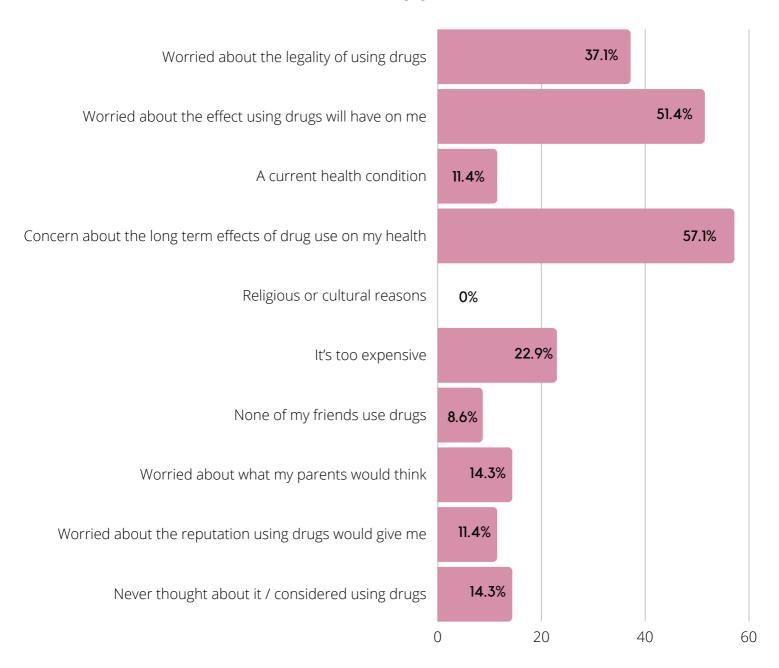


To what extent, if at all, do you agree with the following statements?



NON DRUG USERS

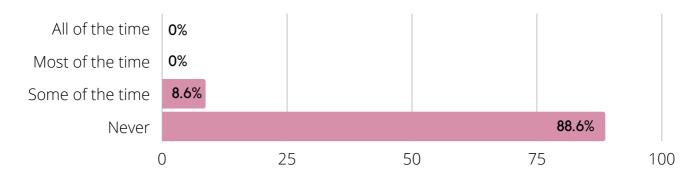
What would you say are your main reasons for not using drugs or stopping using drugs?



Other: "grown up", "drugs seem unnessesary", "been there, done that", "I don't need them"

NON DRUG USERS

Thinking about the most recent university term, when you were socialising with other students, how often did you feel that your friends expected you to use drugs?

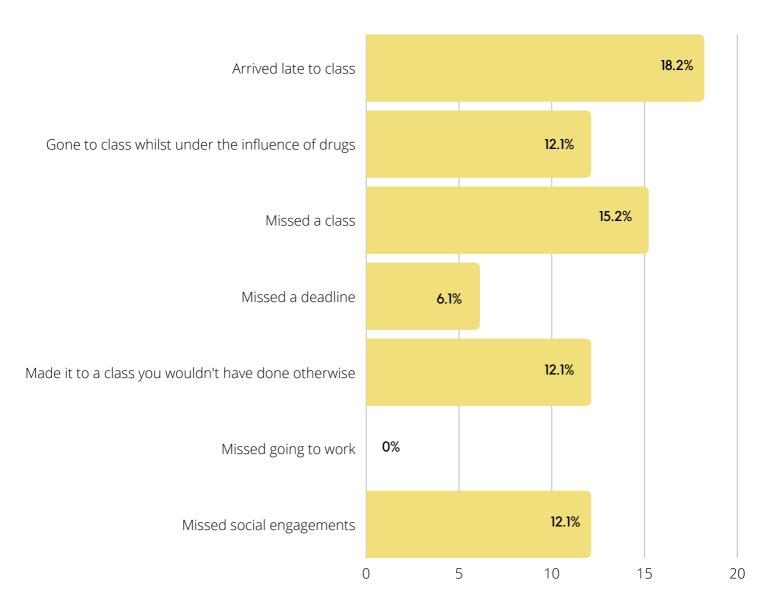


Any other comments or feedback on your experiences of drugs during your time at university...

- "There's a difference between having had drugs by choice in the past, having drugs peer
 pressured unto you and having had drugs forced into your body in the past and i know that's
 difficult to put in a survey but its a big difference that some can't explain in a survey..."
- "I feel there are drugs, for example cannabis, that are as harmful or less than as alcohol and
 can be enjoyed responsibly. As such the stigma should not be so high about taking them, but
 just as we provide support for alcoholics but not occasional drinkers, so too should we support
 drug addicts but cultivate a healthy culture around occasional use of less harmful substances."
- "Drug use is particularly prevalent in those studying pharmacy/pharmacology degrees and medical degrees"
- "Drug culture is huge. I have been invited to whatsapp groups for the on campus dealers, and know a large number of students in my cohort who regularly use drugs. A fully organised drug network is active, unashamedly. I'm immune as the adult, but the youngsters have a 'fit in, conform or die' attitude in all aspects of their lives, pushed on them by media and extreme leftism. they take drugs for the same reason they think they have political opinions: to fit in."

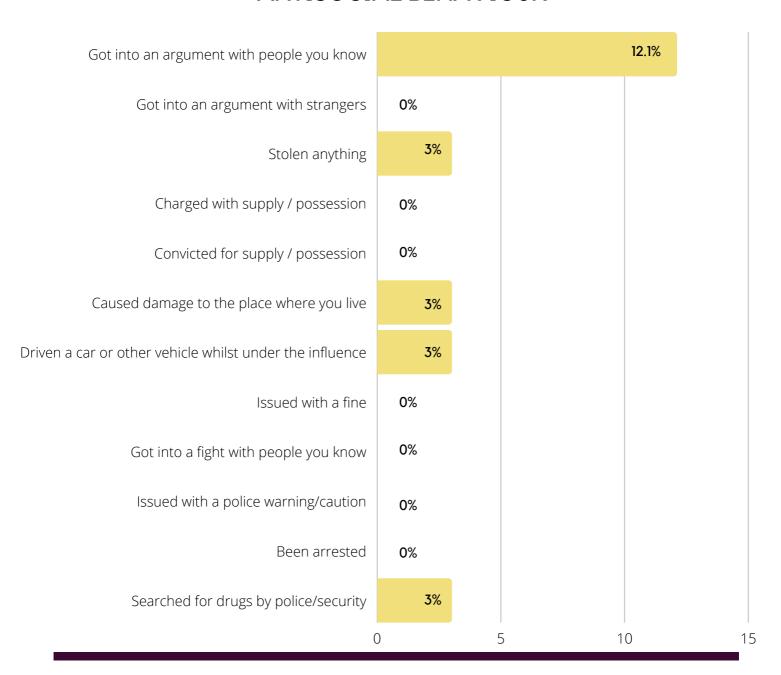
Which of the following have you experienced since you have been at university during or following taking drugs?

ACADEMIC & WORK



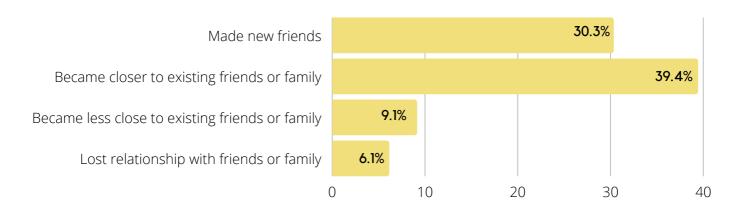
Which of the following have you experienced since you have been at university during or following taking drugs?

ANTISOCIAL BEHAVIOUR

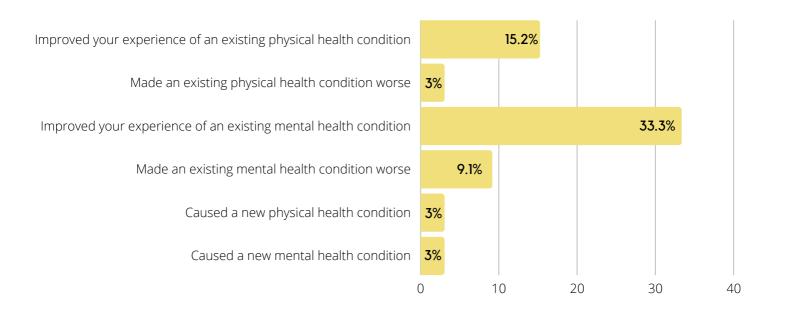


Which of the following have you experienced since you have been at university during or following taking drugs?

SOCIAL LIFE

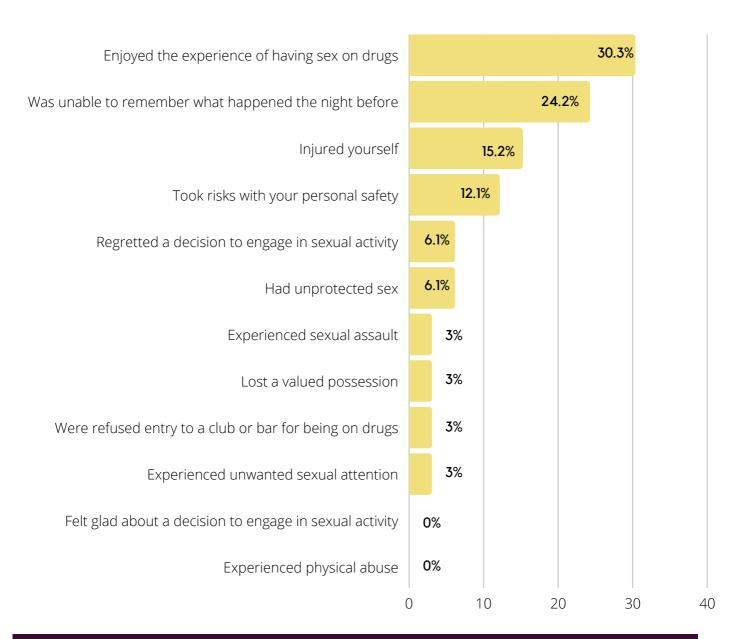


MENTAL & PHYSICAL HEALTH



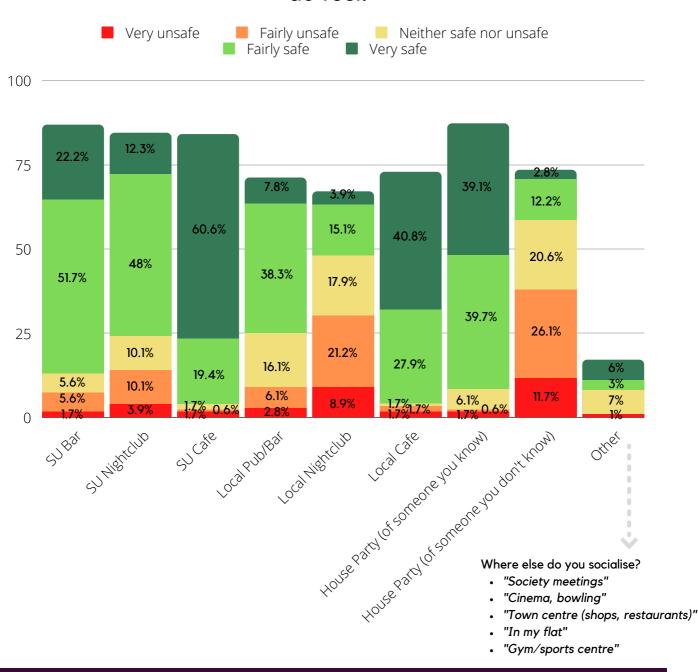
Which of the following have you experienced since you have been at university during or following taking drugs?

VICTIM OF CRIME & SEXUAL ACTIVITY



SAFETY WHILST SOCIALISING

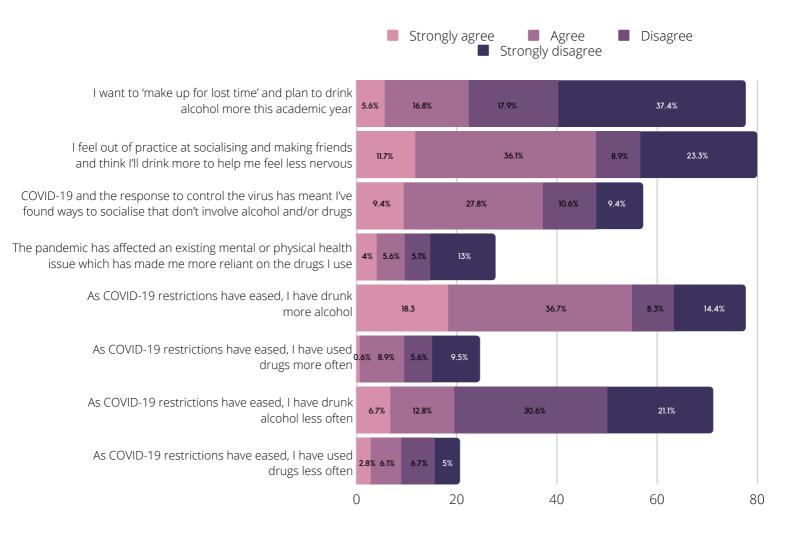
Thinking about the different places where you might socialise with friends/peers whilst you are at university, how safe you do feel?





To what extent do you agree or disagree, if at all, with the following statements?

COVID-19





REPORT PREPARED BY

KEELE DRUG & ALCOHOL STEERING GROUP

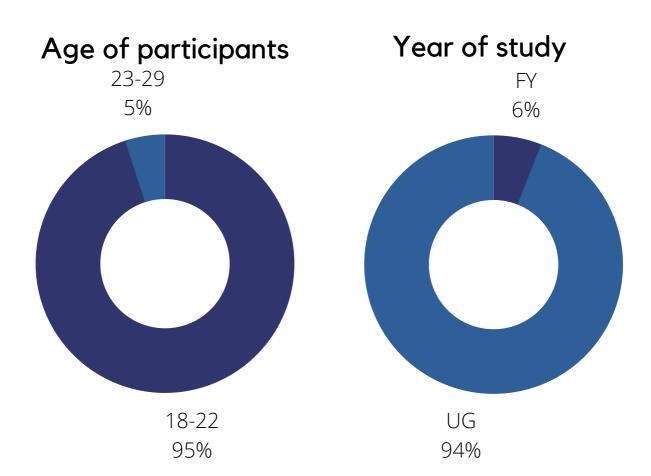
QUESTIONS CAN BE SENT TO K.V.HOLLOWAY@KEELE.AC.UK



ANNEX 1: DEMOGRAPHICS OF NON-DRINKERS & DRUG TAKING BEHAVIOURS

N=20



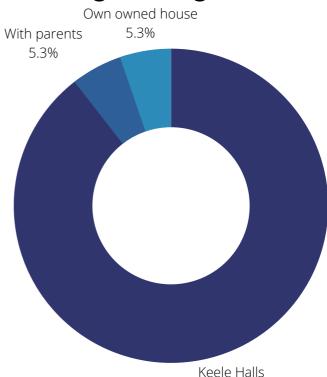


Whole Student Population (age) <18-20 (65%), 21-29 (20%), 30-39 (8%), 40+ (7%)

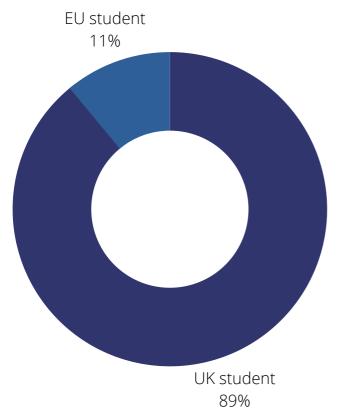
Whole Student Population (year of study)
Foundation year (5.2%), Undergraduate (73.6%), PGT (15.5%), PGR (5.8%)



Living Arrangements



UK/EU/non-EU



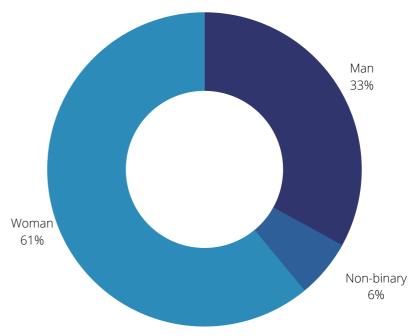
Whole Student Population (living arrangements) On campus (21%), off campus (79%)

89.5%

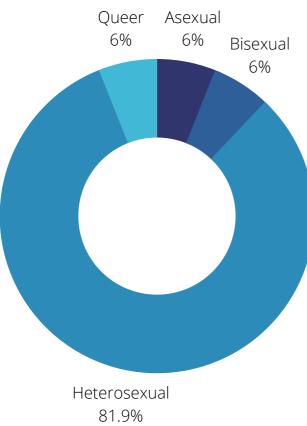
Whole Student Population (UK vs. overseas) UK students (91.2%), overseas studdents (8.5%)



Gender Identification



Sexual Orientation

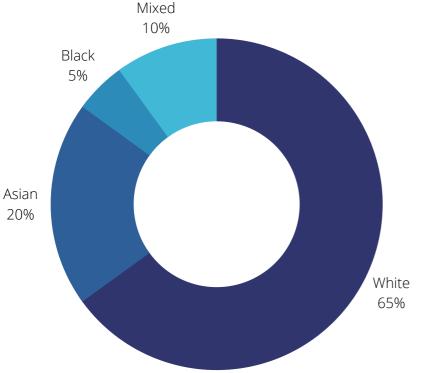


Whole Student Population (gender identification) Males (39%), Females (59%), Other (2%)

Whole Student Population for sexual orientation not known



Ethnicity

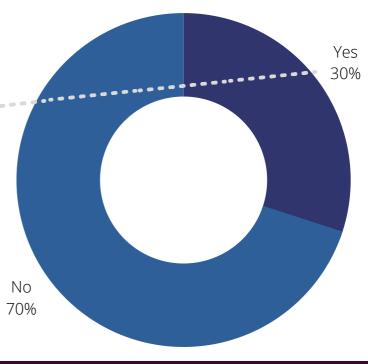


Whole Student Population (ethnicity) BME (32.6%), White (64.5%), not known (2.9%)

Whole Student Population (disability) With disability (16.5%), without disability (83.3%), not known (0.1%)

Of those who answered yes:

- 50% mental health difficulties, such as depression or schizophrenia
- 17% learning difficulty (such as dyslexia, dyspraxia)
- 17% Autistic Spectrum Disorder
- 50% an unseen disability or health condition e.g. diabetes, epilepsy, asthma, HIV
- 50% a disability not listed above (scoliosis, cerebral palsy, ADHD)



Disability

DRUG USE

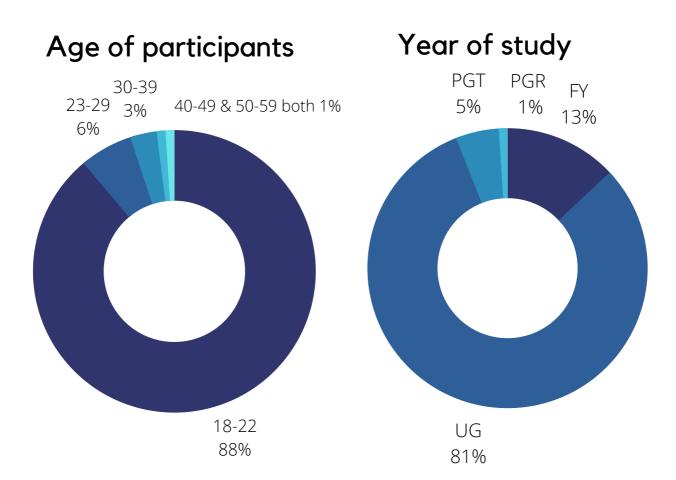
Of the non-drinking participants, all 20 do not currently use drugs. 19 have never used drugs, 1 participant used to use drugs but haven't done since arriving at University



ANNEX 2: DEMOGRAPHICS OF NON-DRUG USERS & ALCOHOL USE FREQUENCY

N=144
(DOES NOT INCLUDE THOSE WHO HAVE USED DRUGS WHILST AT UNIVERSITY BUT NOT CURRENTLY)



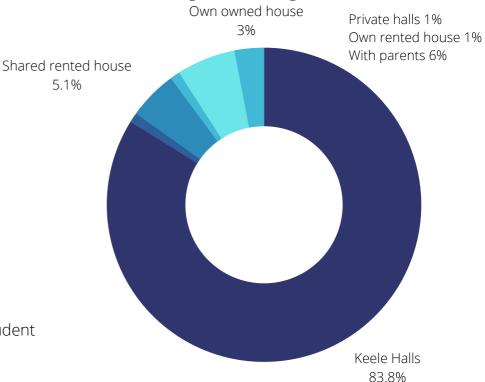


Whole Student Population (age) <18-20 (65%), 21-29 (20%), 30-39 (8%), 40+ (7%)

Whole Student Population (year of study)
Foundation year (5.2%), Undergraduate (73.6%), PGT (15.5%), PGR (5.8%)

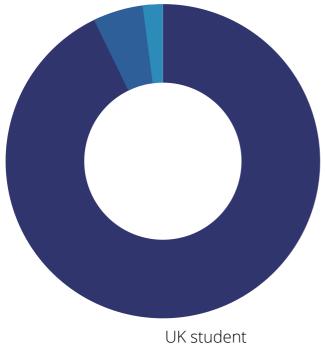


Living Arrangements



UK/EU/non-EU

EU student Non-EU student 5.2% 2%



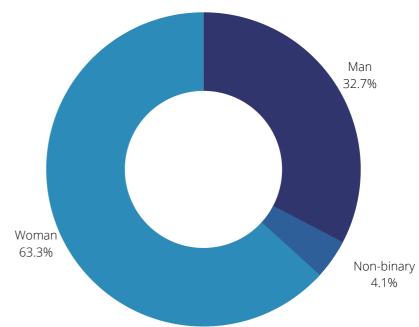
Whole Student Population (living arrangements) On campus (21%), off campus (79%)

Whole Student Population (UK vs. overseas) UK students (91.2%), overseas studdents (8.5%)

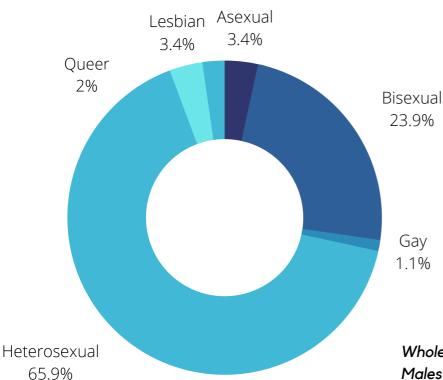
92.8%



Gender Identification



Sexual Orientation

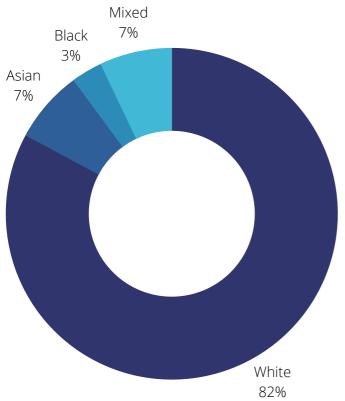


Whole Student Population (gender identification) Males (39%), Females (59%), Other (2%)

Whole Student Population for sexual orientation not known



Ethnicity



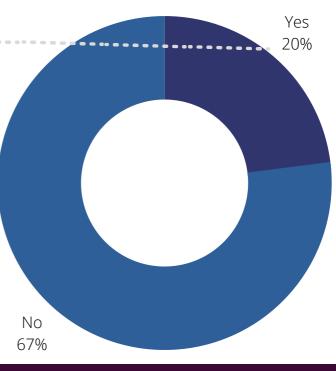
Whole Student Population (ethnicity) BME (32.6%), White (64.5%), not known (2.9%)

Whole Student Population (disability) With disability (16.5%), without disability (83.3%), not known (0.1%)

Of those who answered yes:

- 14% physical impairment, such as using a wheelchair
- 59% mental health difficulties, such as depression or schizophrenia
- 21% learning difficulty (such as dyslexia, dyspraxia)
- 38% Autistic Spectrum Disorder
- 41% an unseen disability or health condition e.g. diabetes, epilepsy, asthma, HIV
- 21% a disability not listed above (scoliosis, cerebral palsy, ADHD, chronic migraines. heart condition, hypermobility)

Disability



ALCOHOL USE

How often, if at all, do you drink alcohol? (%)

40 33% 30 24% 24% 20 14% 10 Every day a neet once a neet o Herer

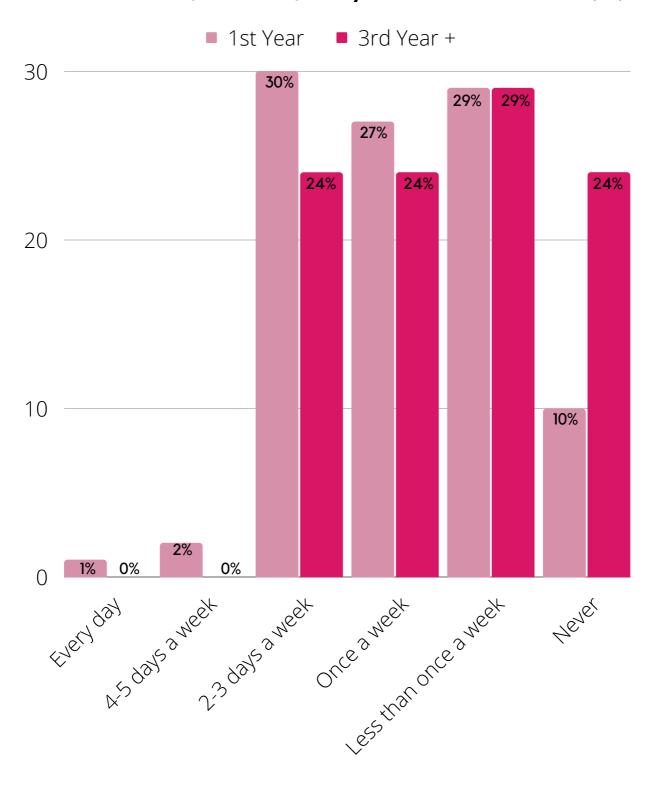


ANNEX 3: DEMOGRAPHIC COMPARISONS

FIRST YEAR (N=92) VS. THIRD (OR MORE) YEAR (N=18)

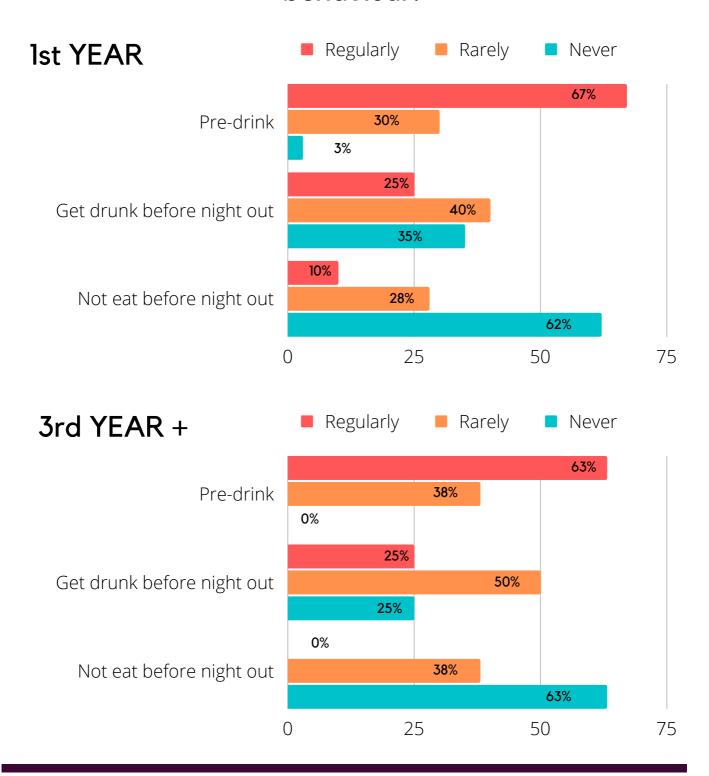
ALCOHOL USE

How often, if at all, do you drink alcohol? (%)



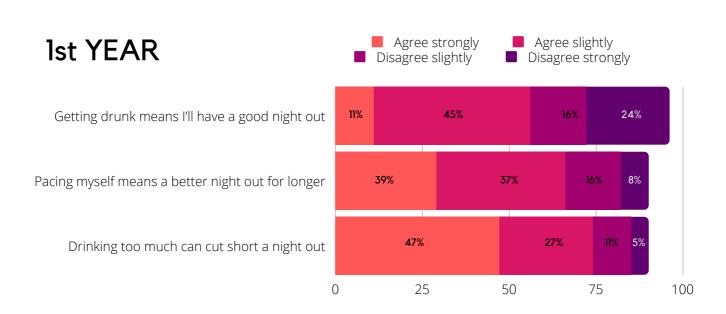
ALCOHOL USE

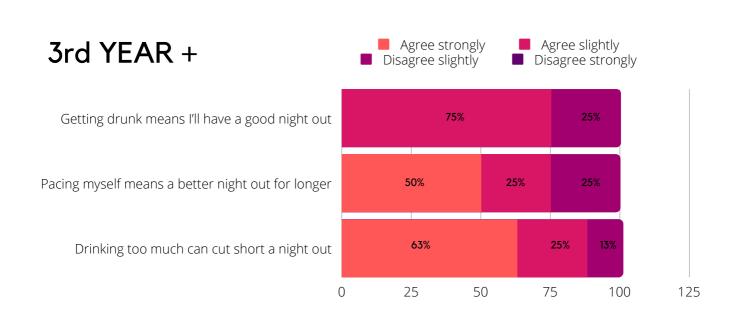
Do any of the following describe your drinking behaviour?





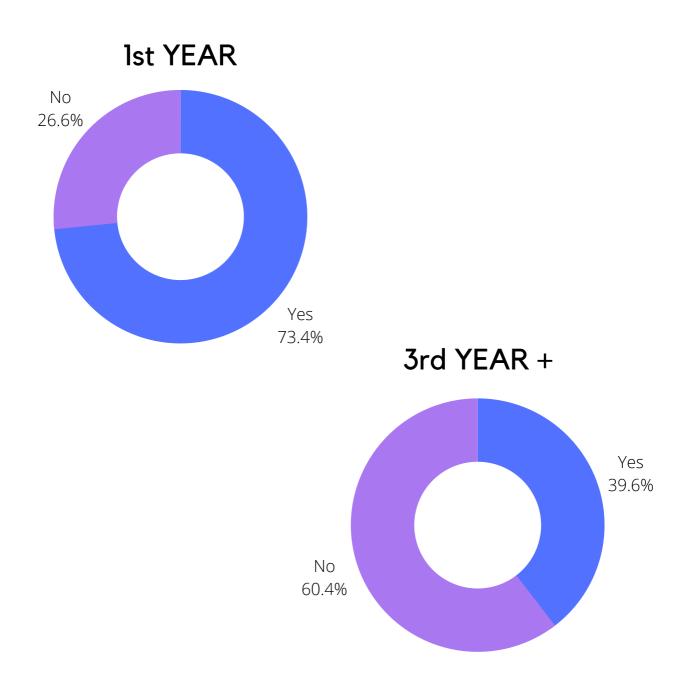
To what extent, if at all, do you agree or disagree with the following statements?





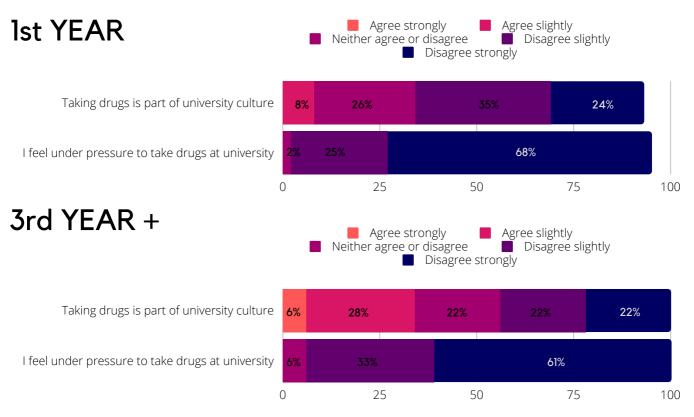
ALCOHOL FREE EVENTS

Do you feel that there are enough social events for you at university that do not involve having to drink or get drunk?

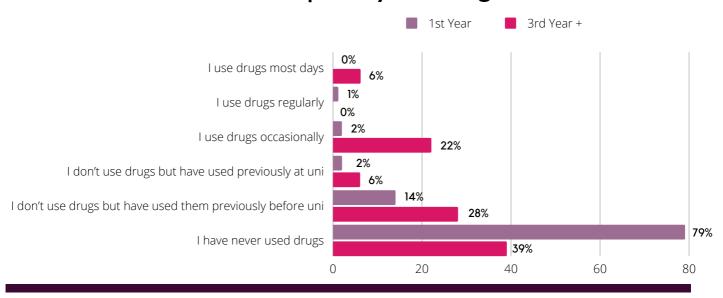


DRUG USE

To what extent, if at all, do you agree with the following statements?

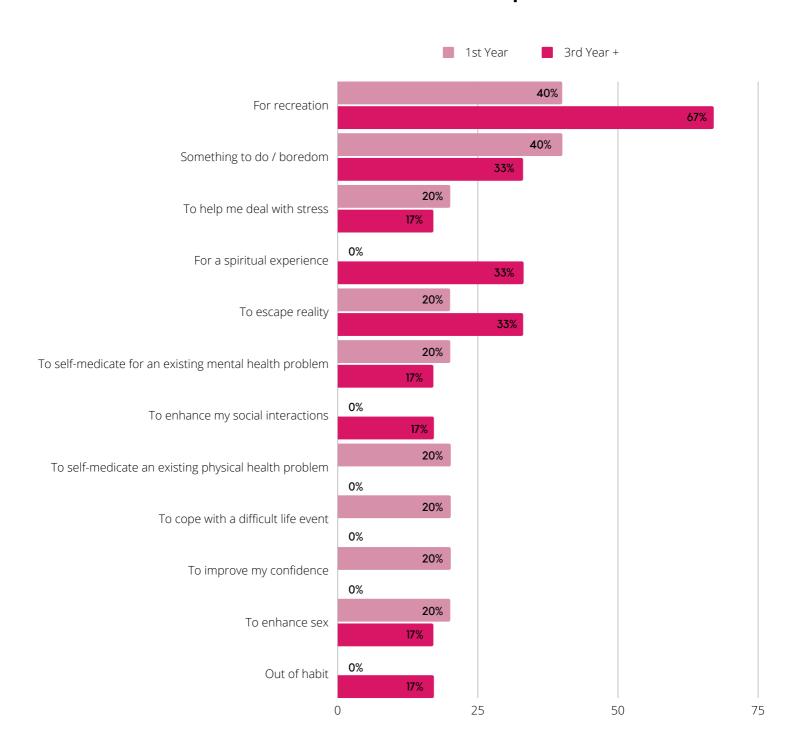


Which of the following best describes your current frequency of drug use?

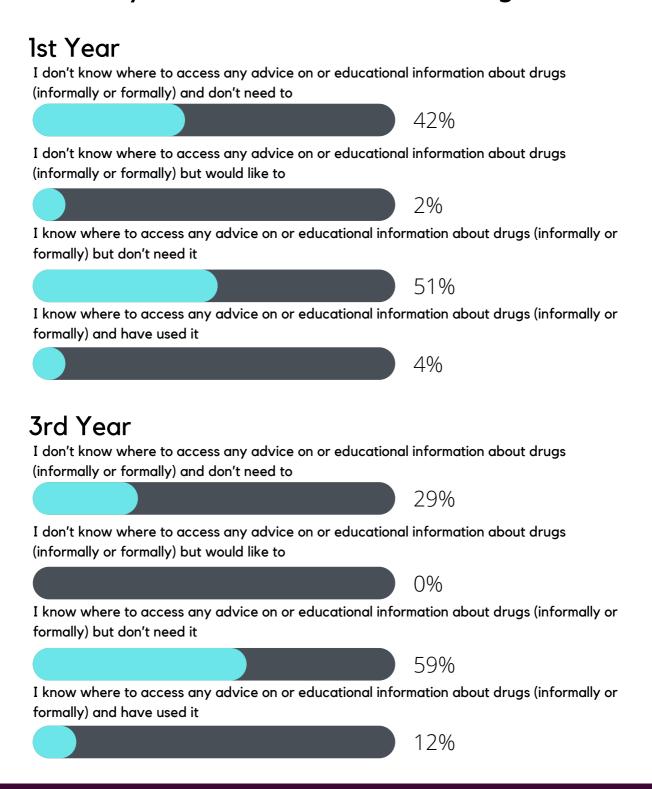


DRUG USE

Which of the following best describes why you use/have used in the past

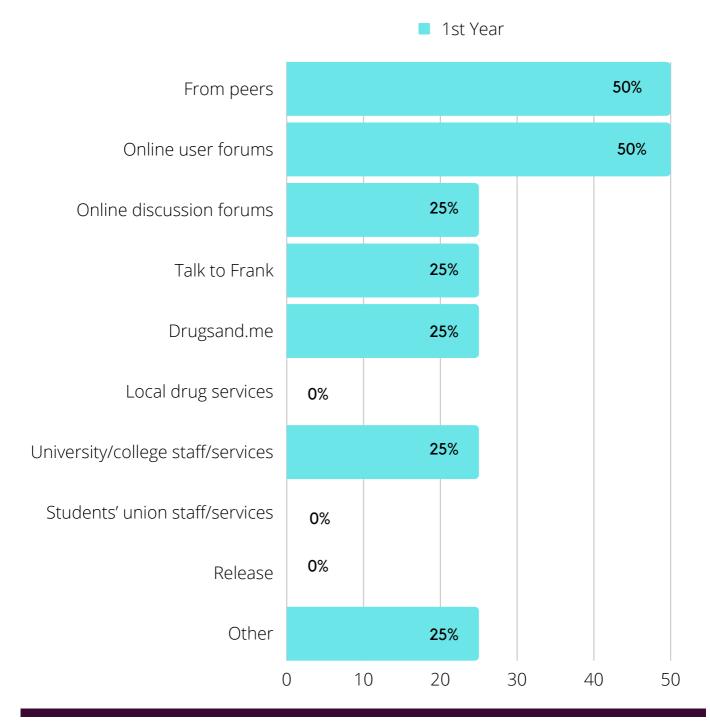


Which of the following statements best describes your access to advice on drugs?



Which of the following best describes where you access drug advice and information?

Only two 3rd Year students responded to this item so they are not included in the below analysis.



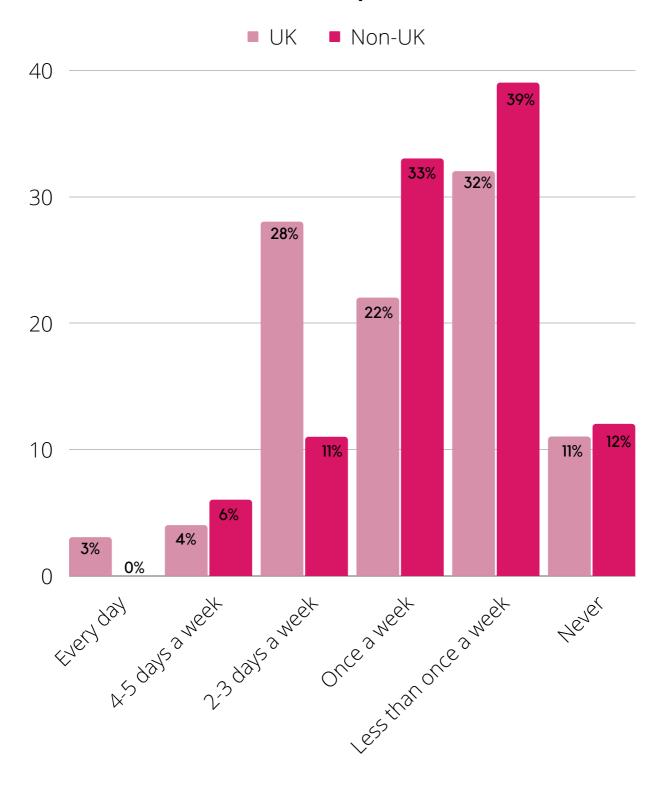


ANNEX 4: DEMOGRAPHIC COMPARISONS

UK STUDENT (N=157) VS. NON UK STUDENT (N=18)

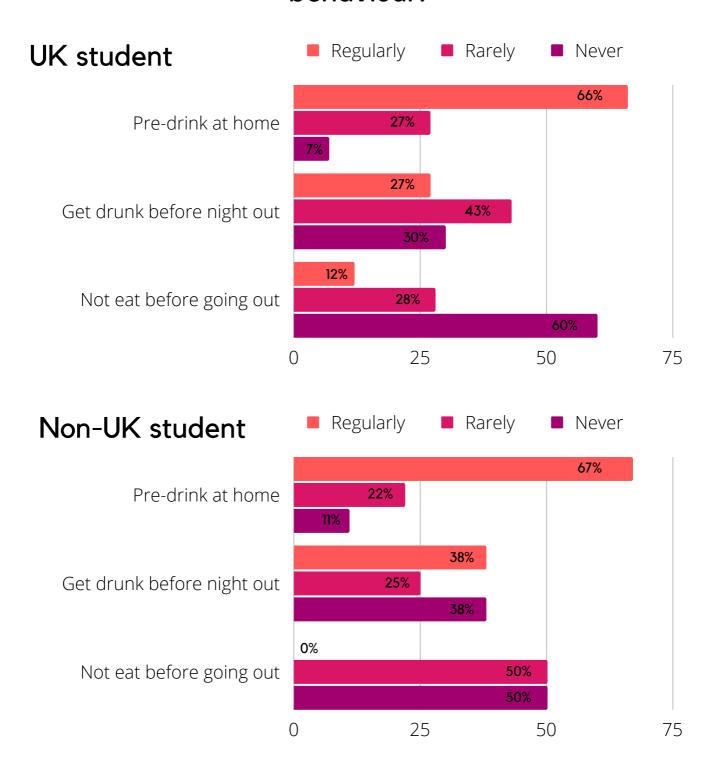
ALCOHOL USE

How often, if at all, do you drink alcohol? (%)



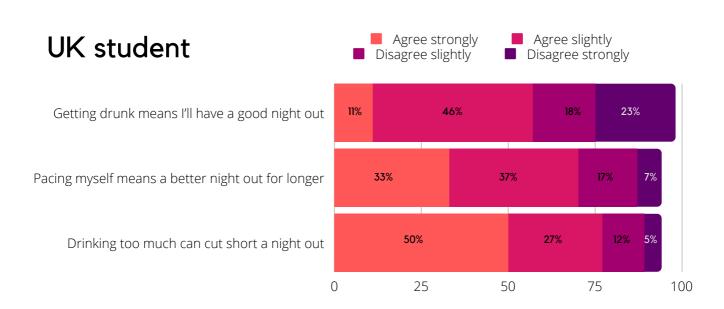
ALCOHOL USE

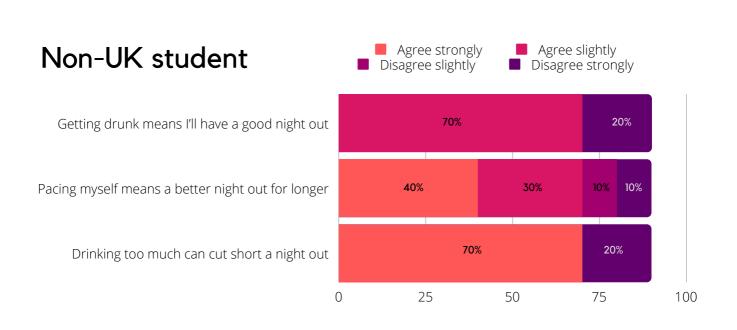
Do any of the following describe your drinking behaviour?





To what extent, if at all, do you agree or disagree with the following statements?

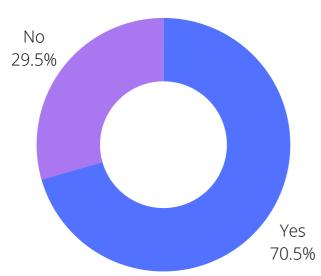




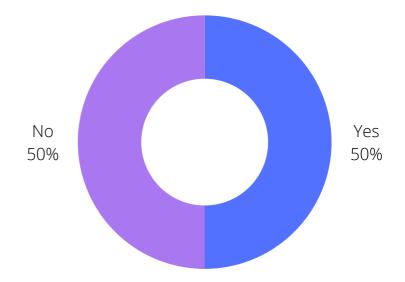
ALCOHOL FREE EVENTS

Do you feel that there are enough social events for you at university that do not involve having to drink or get drunk?

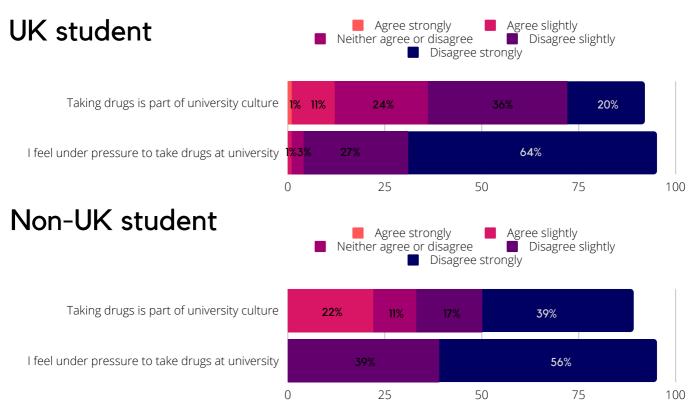




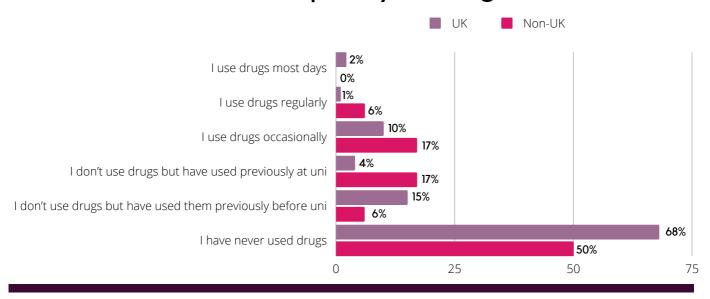
Non-UK students



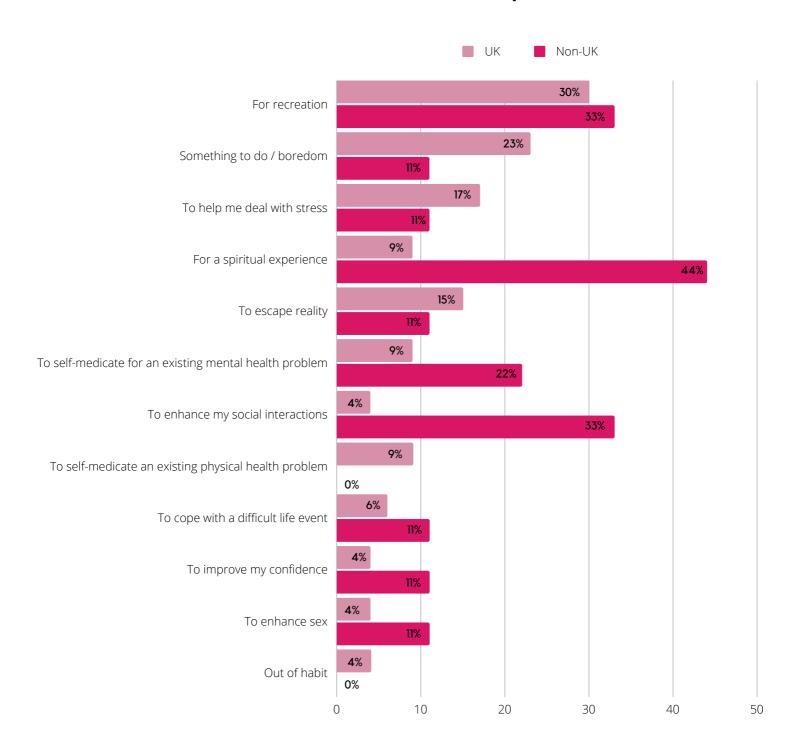
To what extent, if at all, do you agree with the following statements?



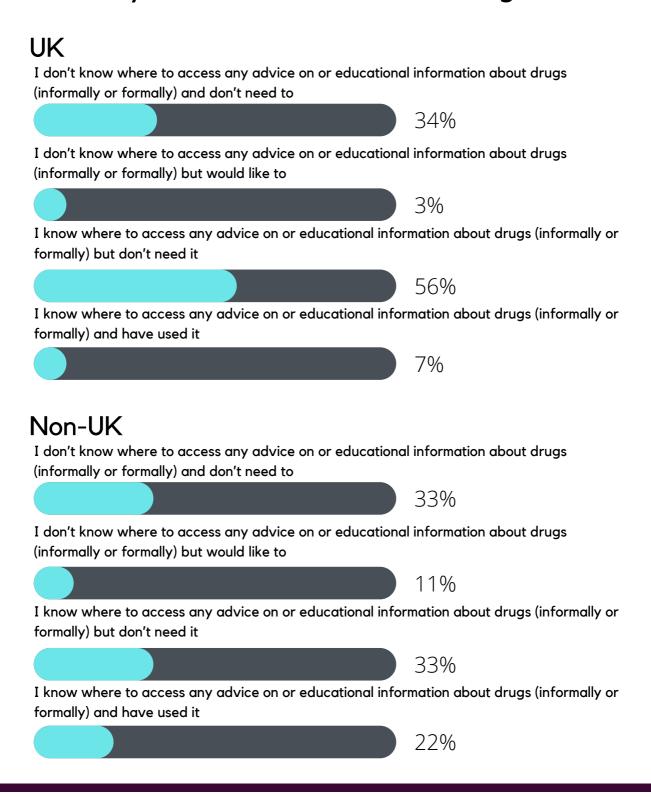
Which of the following best describes your current frequency of drug use?



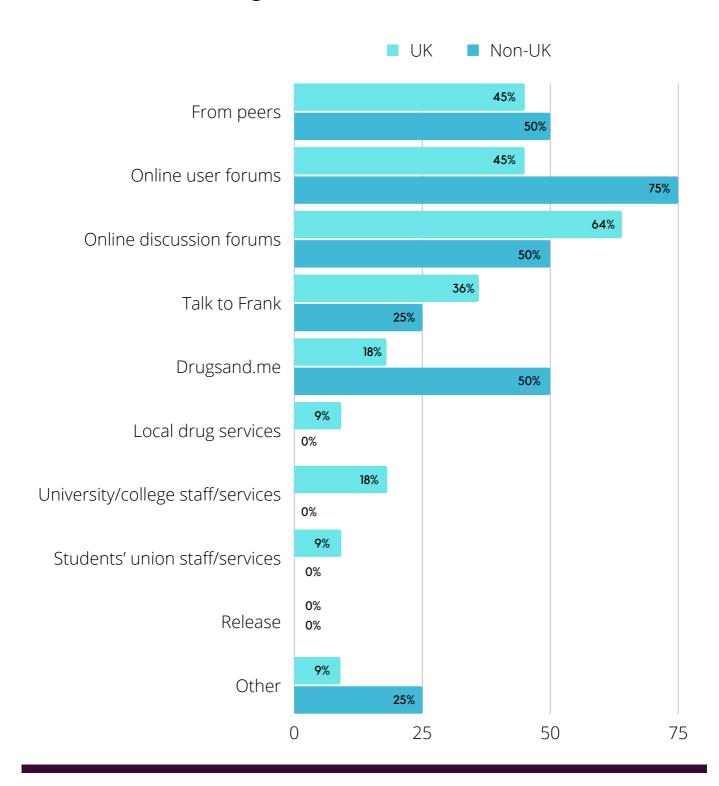
Which of the following best describes why you use/have used in the past



Which of the following statements best describes your access to advice on drugs?



Which of the following best describes where you access drug advice and information?



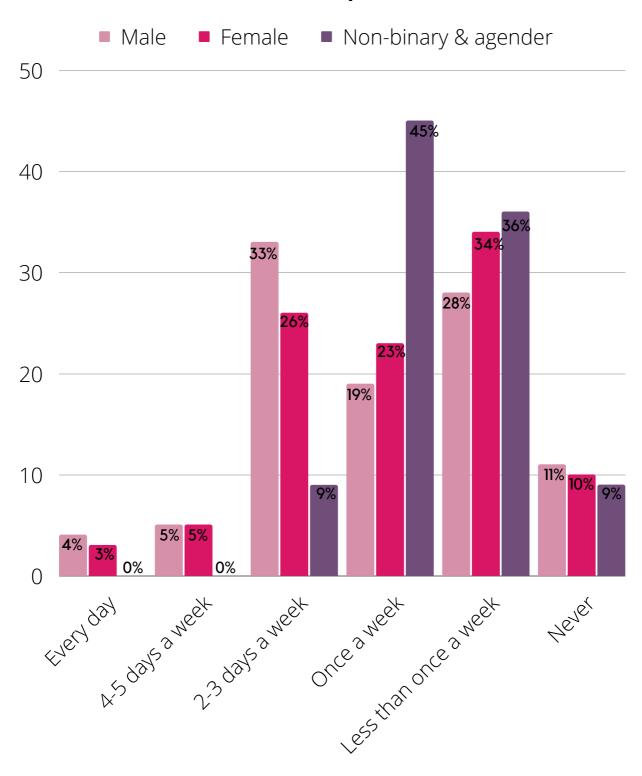


ANNEX 4: DEMOGRAPHIC COMPARISONS

MALES (N=58) VS FEMALES (N=111) VS OTHER GENDER IDENTIFICATION (N=11)

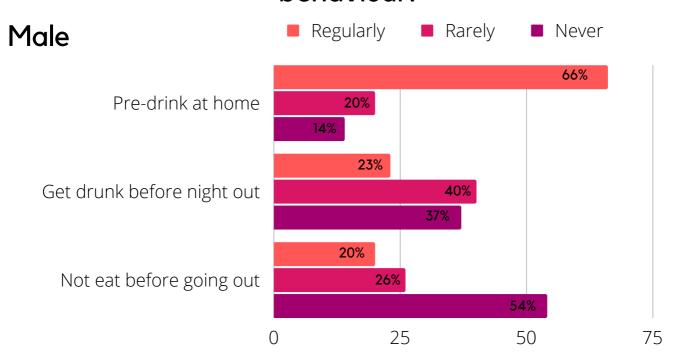
ALCOHOL USE

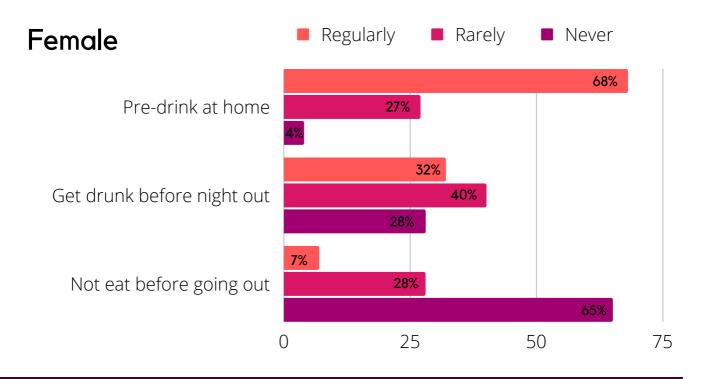
How often, if at all, do you drink alcohol? (%)



ALCOHOL USE

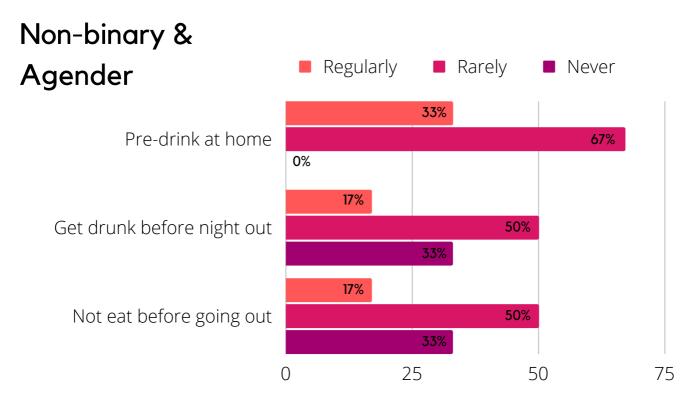
Do any of the following describe your drinking behaviour?





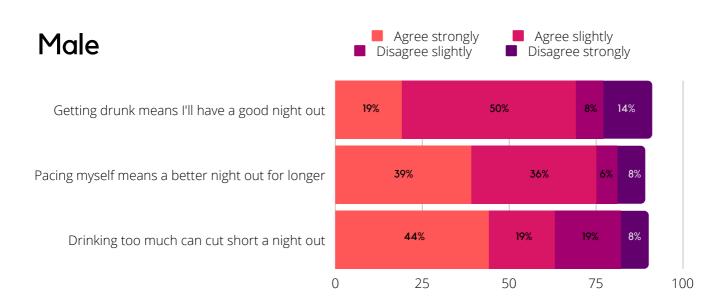


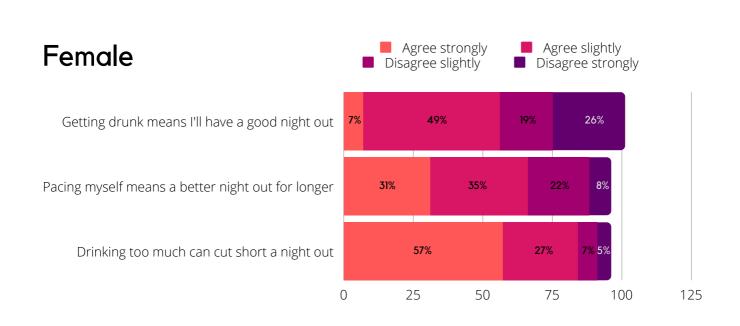
Do any of the following describe your drinking behaviour?





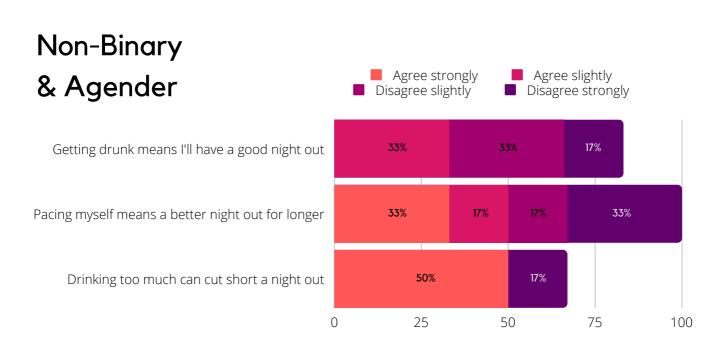
To what extent, if at all, do you agree or disagree with the following statements?





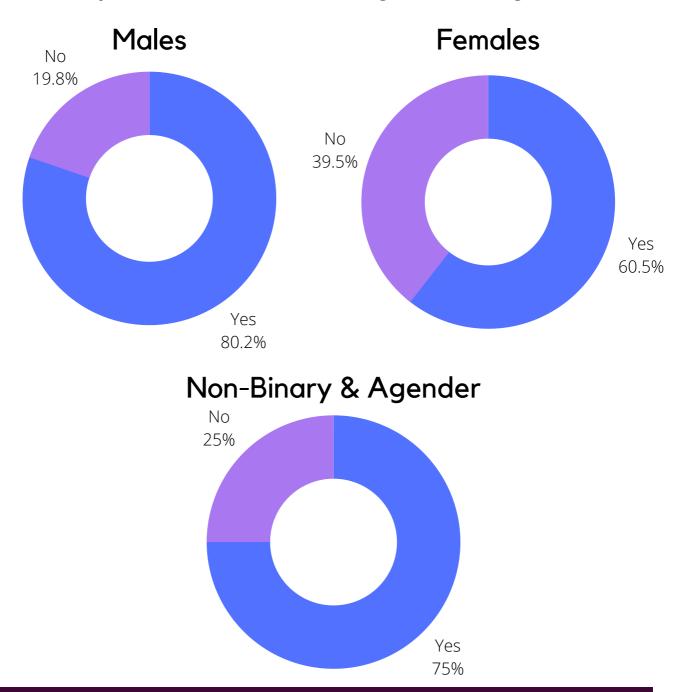


To what extent, if at all, do you agree or disagree with the following statements?

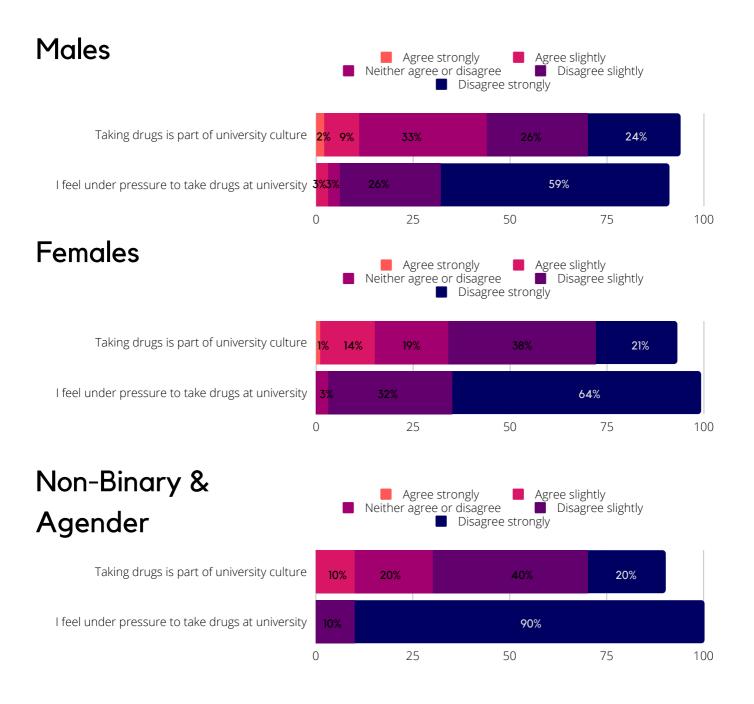


ALCOHOL FREE EVENTS

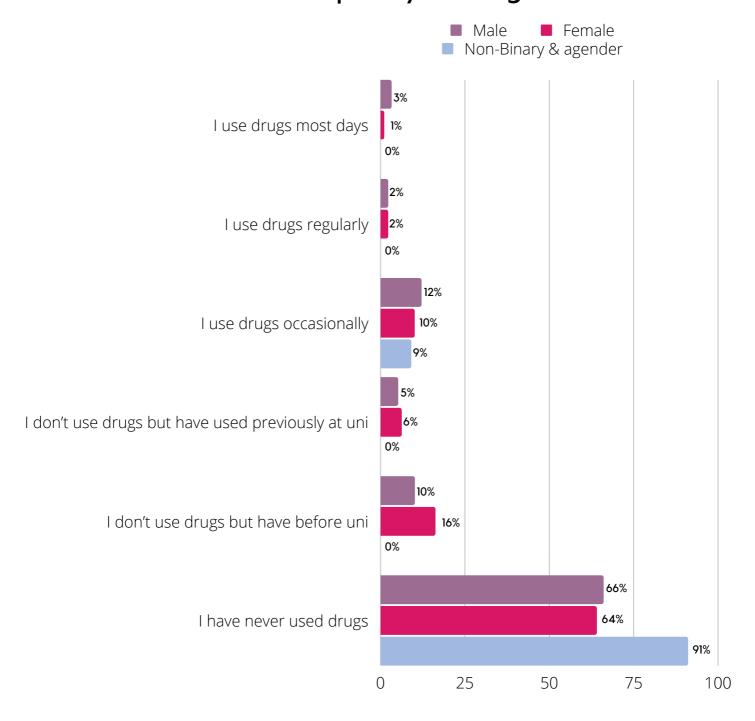
Do you feel that there are enough social events for you at university that do not involve having to drink or get drunk?



To what extent, if at all, do you agree with the following statements?

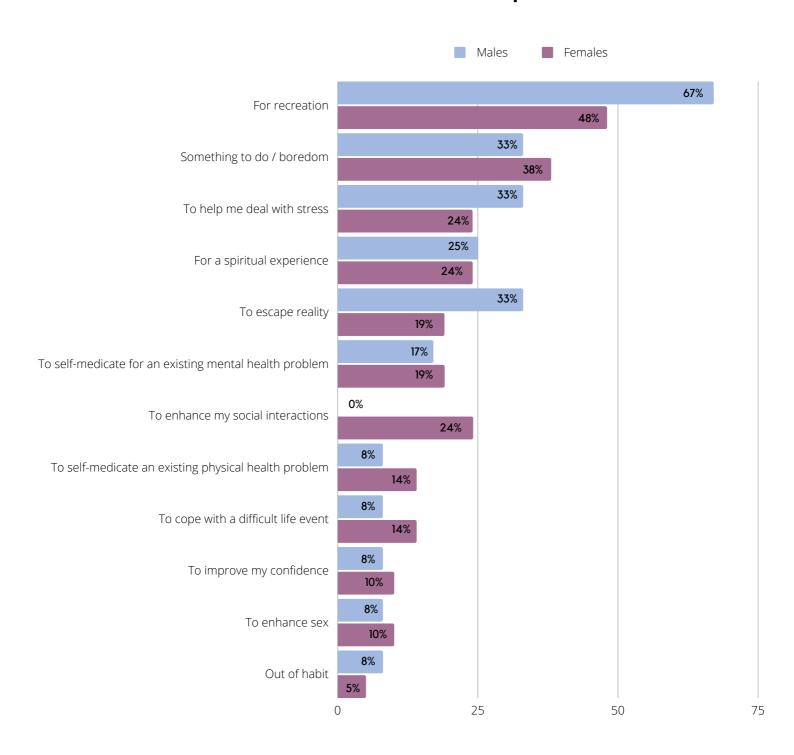


Which of the following best describes your current frequency of drug use?

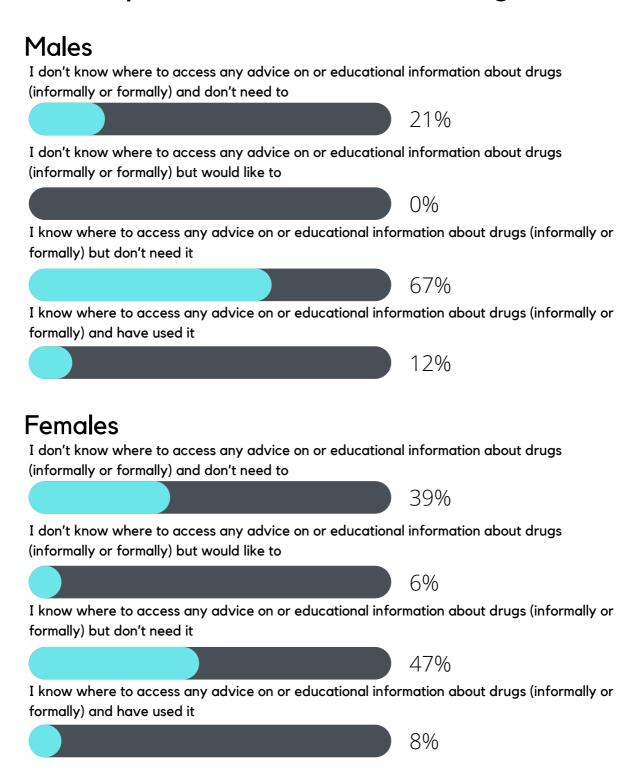


As only one non-binary/agender participant reported taking drugs, this group will not be considered in the next page of analysis

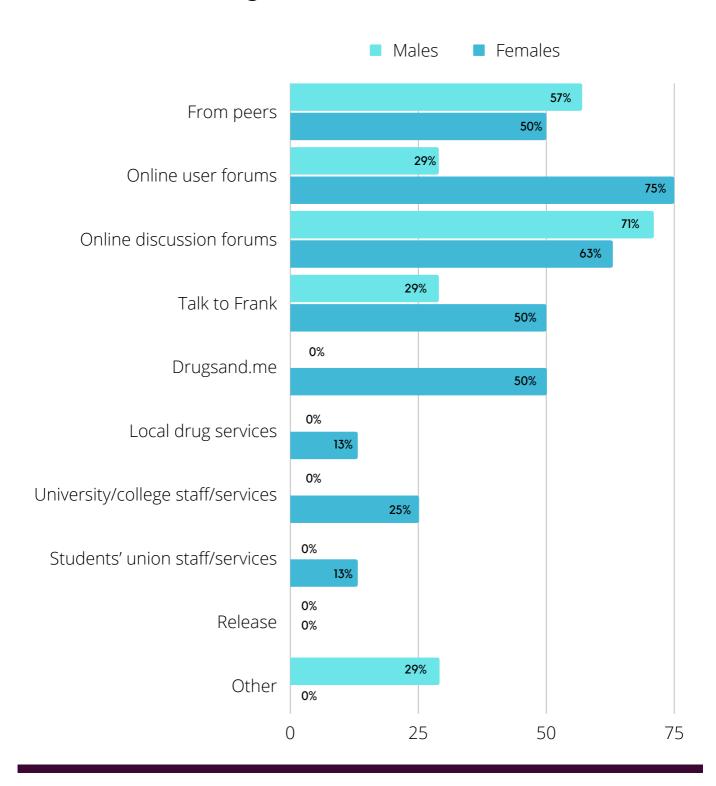
Which of the following best describes why you use/have used in the past



Which of the following statements best describes your access to advice on drugs?



Which of the following best describes where you access drug advice and information?



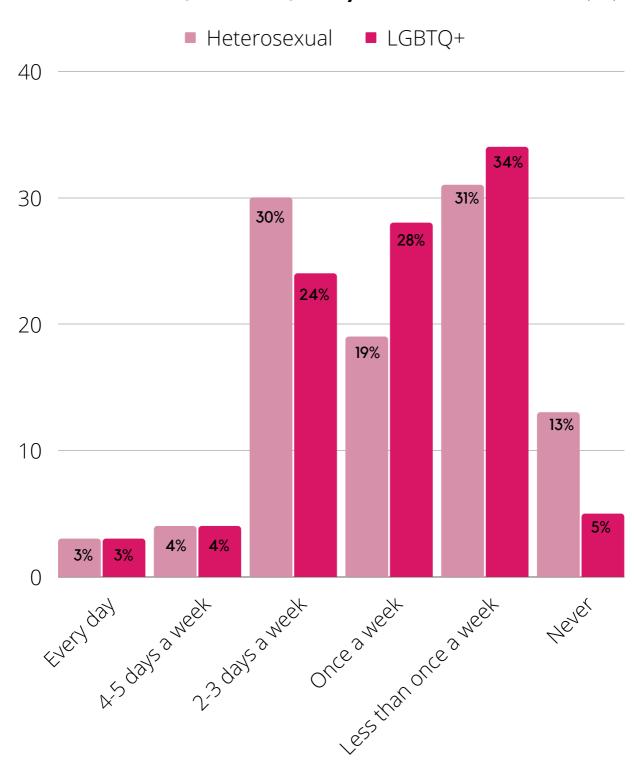


ANNEX 5: DEMOGRAPHIC COMPARISONS

HETEROSEXUAL (N=101) VS LGBTQ+ (N=67)

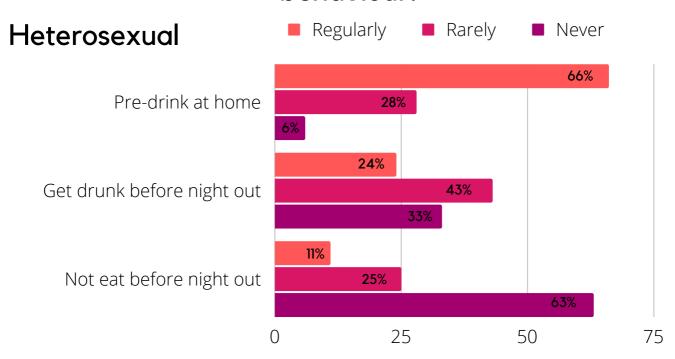
ALCOHOL USE

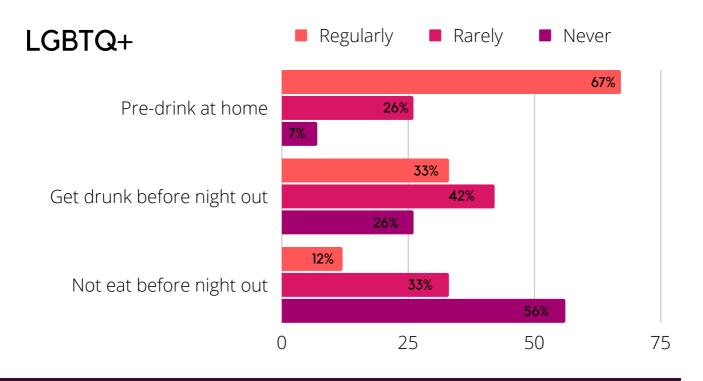
How often, if at all, do you drink alcohol? (%)



ALCOHOL USE

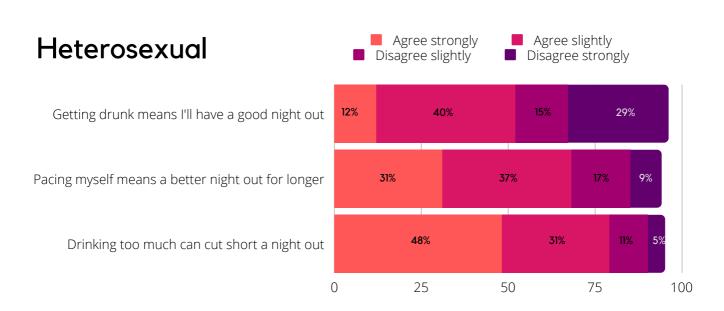
Do any of the following describe your drinking behaviour?

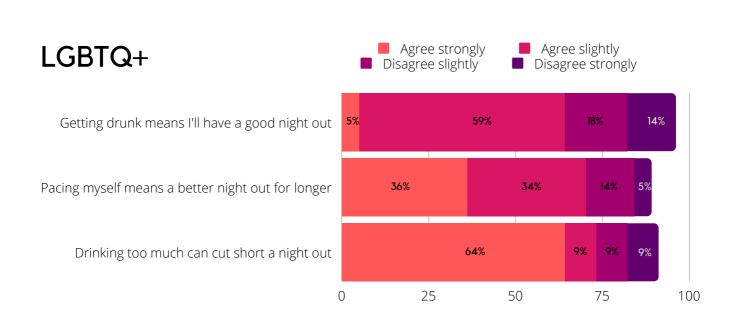






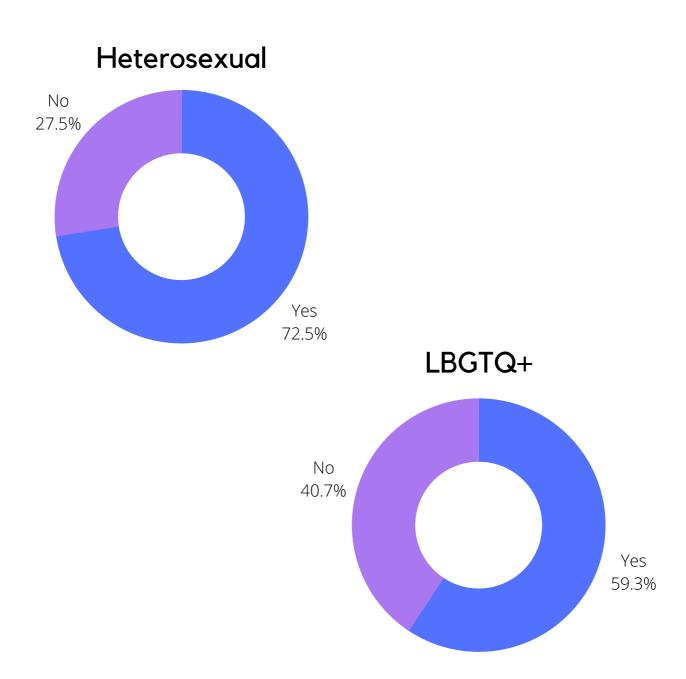
To what extent, if at all, do you agree or disagree with the following statements?



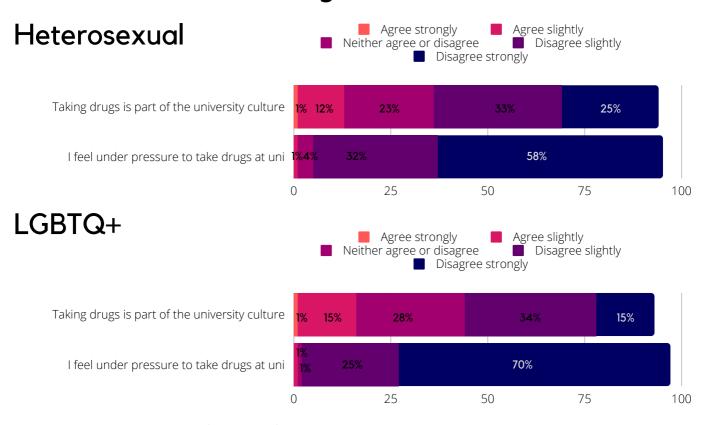


ALCOHOL FREE EVENTS

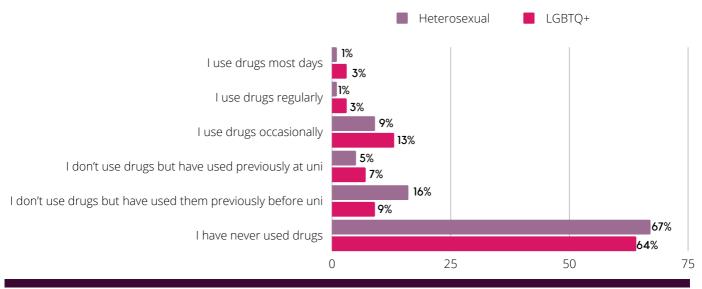
Do you feel that there are enough social events for you at university that do not involve having to drink or get drunk?



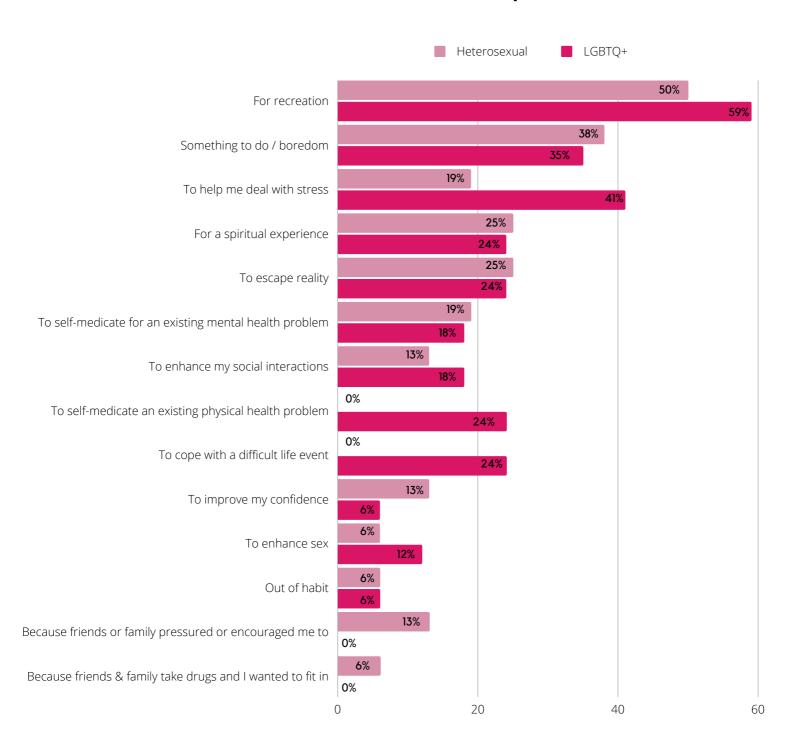
To what extent, if at all, do you agree with the following statements?



Which of the following best describes your current frequency of drug use?



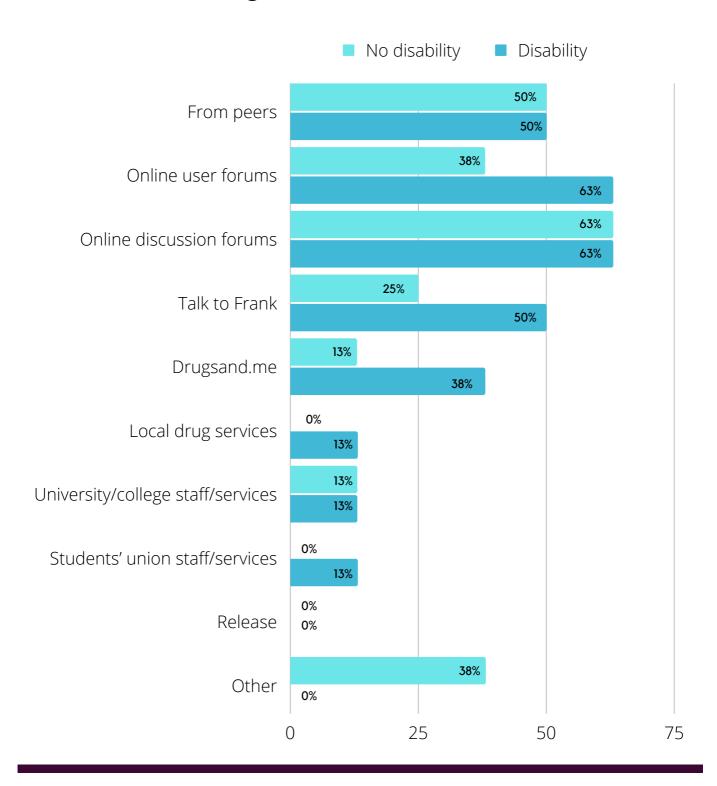
Which of the following best describes why you use/have used in the past



Which of the following statements best describes your access to advice on drugs?

Heterosexual I don't know where to access any advice on or educational information about drugs (informally or formally) and don't need to 38% I don't know where to access any advice on or educational information about drugs (informally or formally) but would like to 4% I know where to access any advice on or educational information about drugs (informally or formally) but don't need it 49% I know where to access any advice on or educational information about drugs (informally or formally) and have used it 8% LGBTQ+ I don't know where to access any advice on or educational information about drugs (informally or formally) and don't need to 26% I don't know where to access any advice on or educational information about drugs (informally or formally) but would like to 3% I know where to access any advice on or educational information about drugs (informally or formally) but don't need it 59% I know where to access any advice on or educational information about drugs (informally or formally) and have used it 12%

Which of the following best describes where you access drug advice and information?



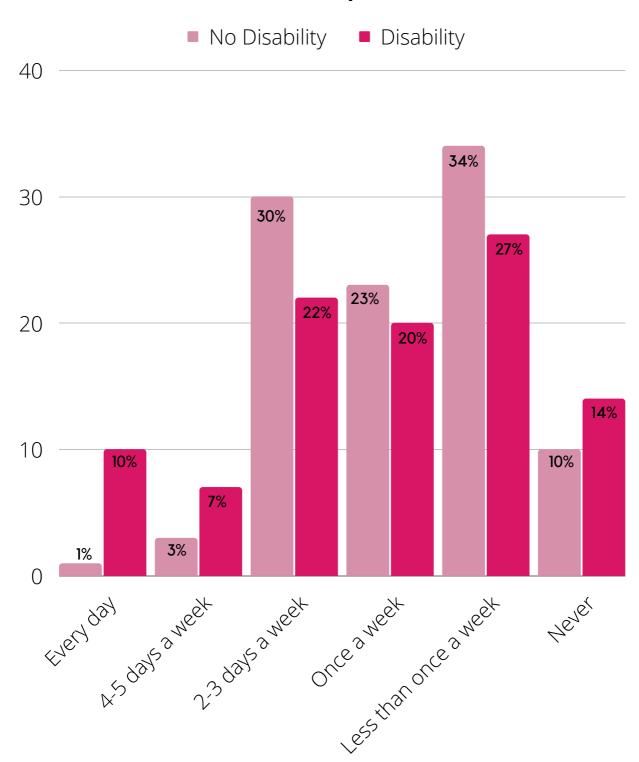


ANNEX 6: DEMOGRAPHIC COMPARISONS

STUDENTS WITHOUT DISABILITIES (N=101) VS STUDENTS WITH DISABILITIES (N=67)

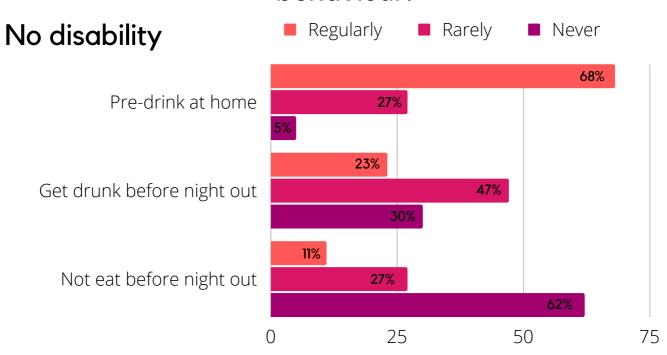
ALCOHOL USE

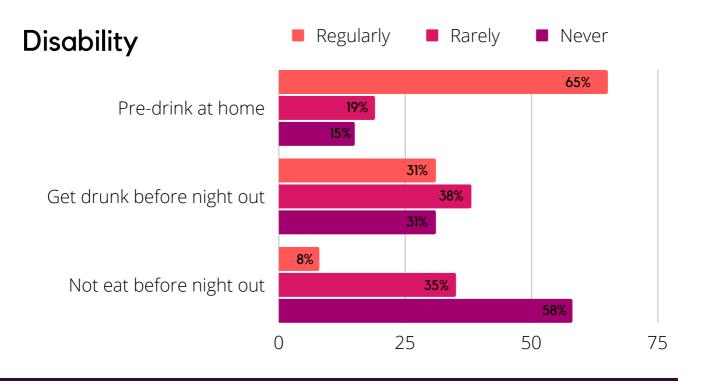
How often, if at all, do you drink alcohol? (%)



ALCOHOL USE

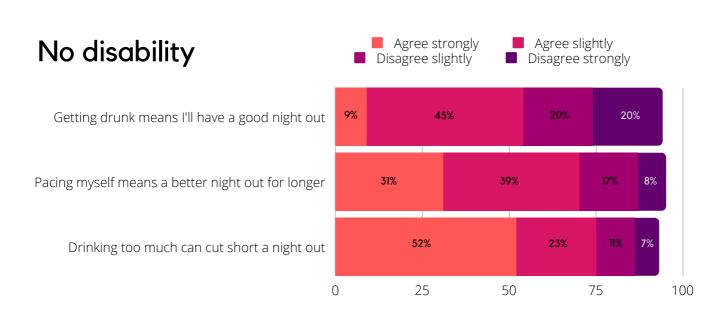
Do any of the following describe your drinking behaviour?

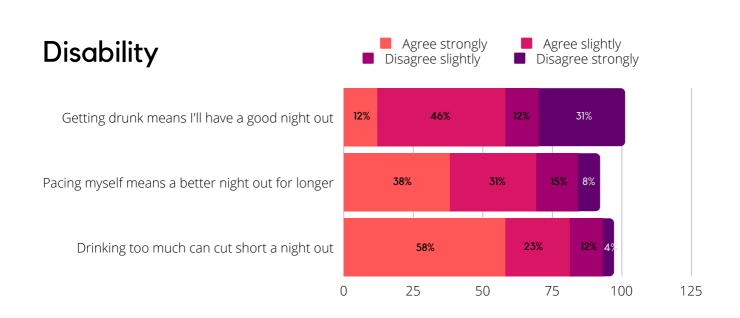






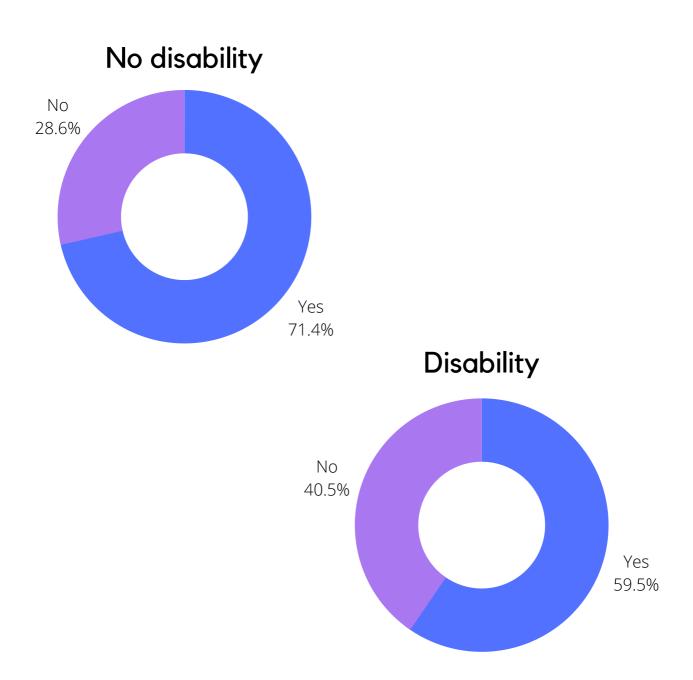
To what extent, if at all, do you agree or disagree with the following statements?



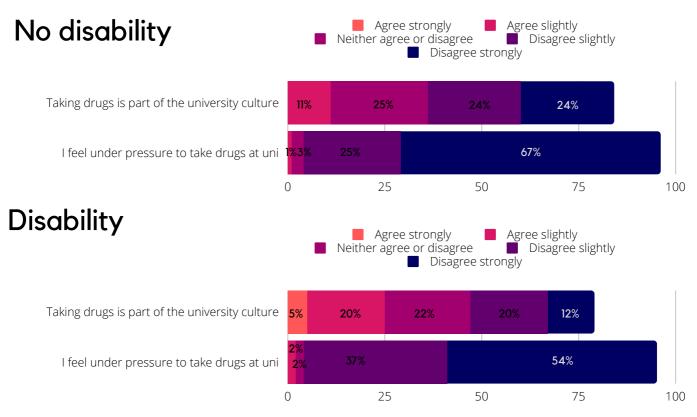


ALCOHOL FREE EVENTS

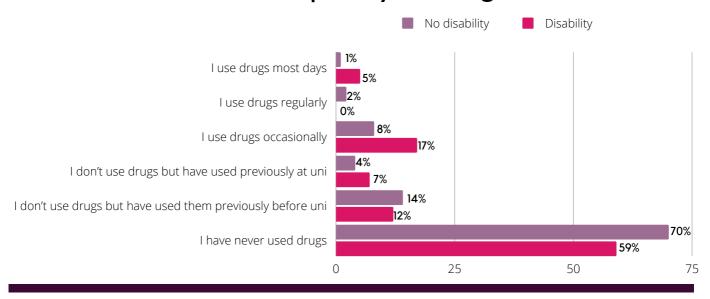
Do you feel that there are enough social events for you at university that do not involve having to drink or get drunk?



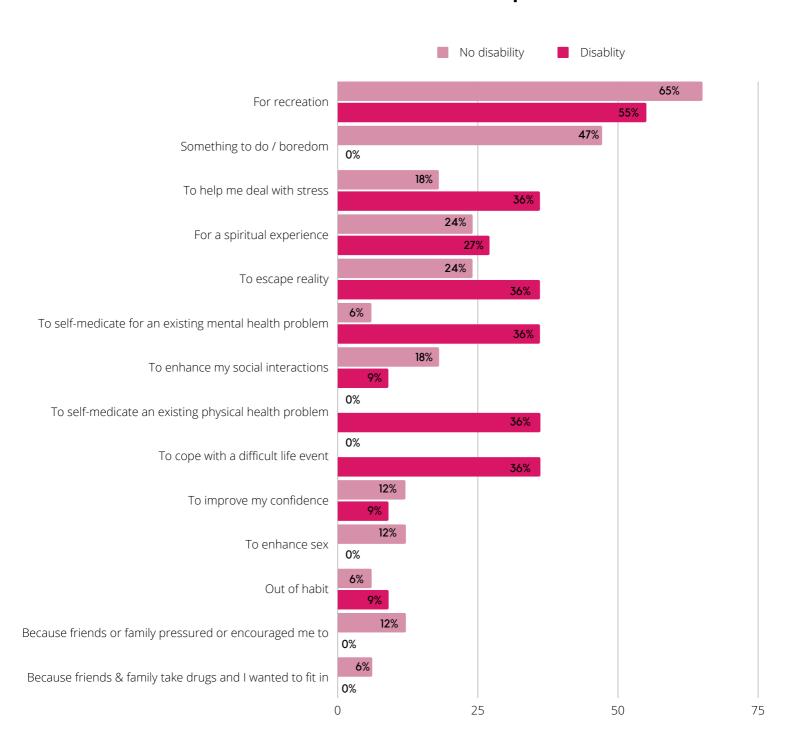
To what extent, if at all, do you agree with the following statements?



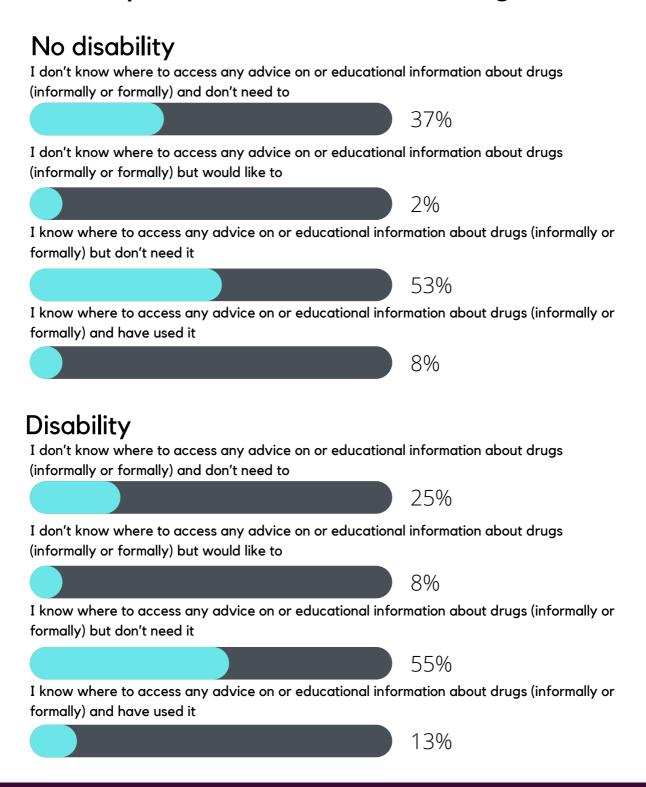
Which of the following best describes your current frequency of drug use?



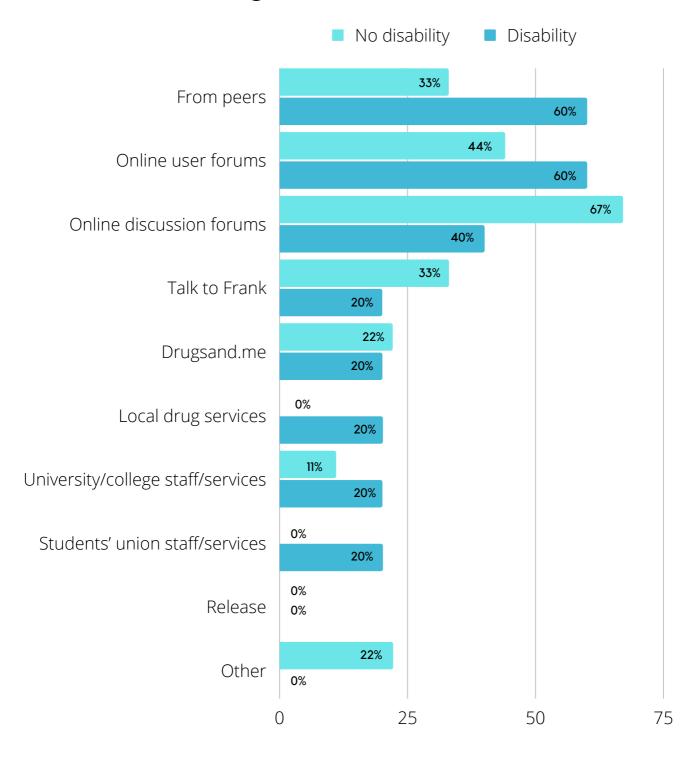
Which of the following best describes why you use/have used in the past



Which of the following statements best describes your access to advice on drugs?



Which of the following best describes where you access drug advice and information?





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